

AZTEC IGLOO

Wellness Room



**OPEN NOW : Tuesdays and Thursdays
3rd & 4th periods**

**Need a space to cool off, reset, take a break or recharge? Come
chill out for 10 minutes!
(Tech Free Zone)**

Ask your teacher for a pass!

AVHS is excited to pilot our wellness space!

Come explore our drop-in space and try out our variety of self-directed calming activities.

