The Statewide Alliance for Safe Schools

September 28, 2022

WELCOME

The Statewide Alliance for Safe Schools

A space for education, public and behavioral health teams and leaders to learn from peers and subject matter experts how to keep students' staff and school communities healthy, safe, and informed

TODAY'S SPOTLIGHT

Fentanyl Crisis Among California's Youth

AGENDA

- **Welcome & Housekeeping**
  - June Hunter, MPH
- **Opening**
  - Sohil Sud, MD
- **CDPH Substance and Addiction Prevention Branch**
  - Robin Christensen, Chief, Substance and Addiction Prevention Branch, CDPH, Center for Healthy Communities
- **Placer County Office of Education**
  - Phillip J. Williams, Deputy Superintendent, Placer County Office of Education
- **San Diego Unified School District**
  - Susan Barndollar
- **Fresno County Office of Education**
  - Jim Yovino, Fresno County Superintendent of Schools
- **Los Angeles Unified School District**
  - Smita Malhotra, MD(she/hers), Medical Director, Office of The Medical Director, Los Angeles Unified School District

CDPH Substance and Addiction Prevention Branch

Robin Christensen, Chief, Substance and Addiction Prevention Branch, CDPH, Center for Healthy Communities

California Department of Public Health

Overdose Prevention Initiative (OPI)

www.cdph.ca.gov/StopOverdose

Robin Christensen & Jackie Tompkins

September 28, 2022

OPI@cdph.ca.gov

CDPH California Department of PublicHealth

OPI Overdose Prevention Initiative

OPI Program Overview

Addresses the overdose epidemic through prevention, surveillance, and research with both state and local partners:

	Collects and shares emergency department, hospitalization, prescription, and death certificate data on overdoses.
	Studies the circumstances surrounding overdose deaths.
	Promotes the inclusion and use of California's prescription drug monitoring program (PDMP) - *Controlled Substance Utilization Review and Evaluation System*
	Builds state and local partnerships
	Establishes linkages to care
	Expands the use of evidence-based prescribing and treatment guidelines for providers and health systems

CDPH California Department of PublicHealth

OPI Overdose Prevention Initiative

Fentanyl

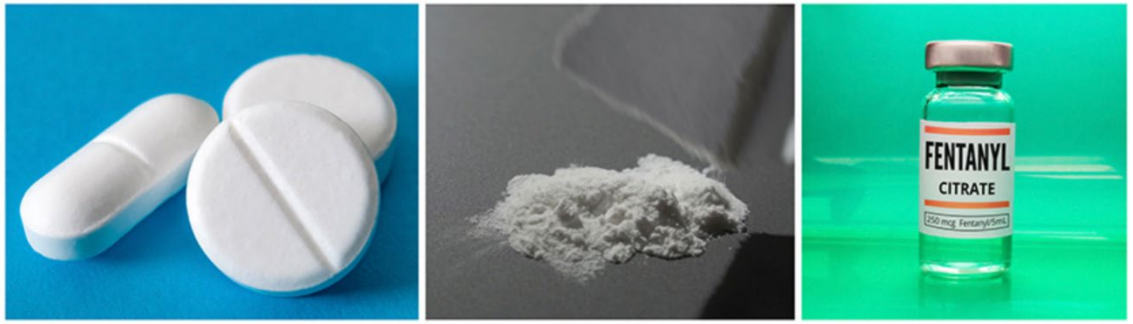
A Potent and Dangerous Synthetic Opioid

Continues to be a major contributor to drug overdoses in CA, including among youth.

Between 2018 to 2020, among those ages 10-19 years in CA:

- ED visits related to non-fatal opioid overdoses **more than tripled.**
- Opioid-related overdose deaths **increased by 407 percent**, largely driven by fentanyl.
- Fentanyl-related overdose deaths **increased 625 percent.**

Fentanyl can be found in different forms, including pills, powder, and liquid.



Any pill (regardless of its color, shape, or size) that does not come from a health care provider or pharmacist can contain fentanyl and can be deadly.

Source Link: CDPH Fentanyl Health Alert

CDPH California Department of PublicHealth

OPI Overdose Prevention Initiative

Signs of an Overdose: Save a Life

Signs of overdose

Recognizing the signs of opioid overdose can save a life. Here are some things to look for:

- Small, constricted "pinpoint pupils"
- Falling asleep or losing consciousness
- Slow, weak, or no breathing
- Choking or gurgling sounds
- Limp body
- Cold and/or clammy skin
- Discolored skin (especially in lips and nails)

CDPH California Department of PublicHealth

OPI Overdose Prevention Initiative

Actions Steps to Take

If you think someone is overdosing, follow these steps:

1. Call 911 and give naloxone
2. Keep the person awake and breathing
3. Lay the person on their side to prevent choking
4. Stay with the person until 911 responders arrive

CDPH California Department of PublicHealth

OPI Overdose Prevention Initiative

Stop an Opioid Overdose with Live-Saving Naloxone

- A life-saving medication used to reverse an opioid overdose, including heroin, fentanyl, and prescription opioid medications.
- Is safe and easy to use, works almost immediately, and is not addictive.
- Can be quickly given through nasal spray (Narcan) or through an auto-injector into the outer thigh.
- Has very few negative effects, and has no effect if opioids are not in a person's system.

Naloxone nasal spray (Narcan)

Naloxone auto-injector

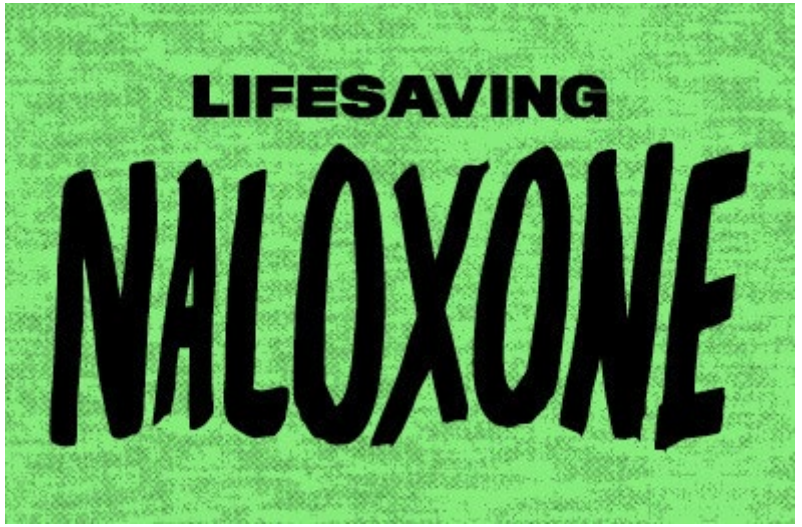
Learn more about naloxone

CDPH California Department of PublicHealth

OPI Overdose Prevention Initiative

CDPH: Statewide Standing Order for Naloxone

- CDPH provides a statewide standing order to help support equitable access to naloxone.
- Authorizes entities in California to distribute naloxone to:
  - individuals at risk of opioid overdose,
  - family members and friends,
  - other persons in a position to assist
- Resources:
  - Standing Order Frequently Asked Questions
  - Training Video: Administering Naloxone
  - Email: naloxonestandingorder@cdph.ca.gov



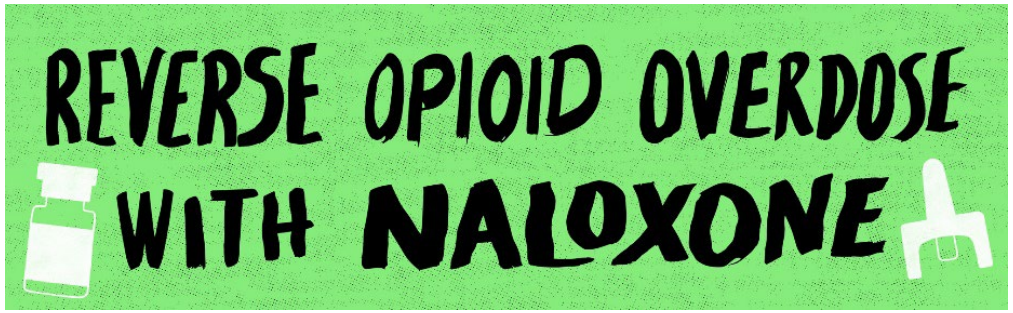
Learn more about naloxone

CDPH California Department of PublicHealth

OPI Overdose Prevention Initiative

DHCS: Naloxone Distribution Project (NDP)

- DHCS administers the Naloxone Distribution Project (NDP)
- Aims to reduce opioid overdose deaths through the provision of **free naloxone**.
- Qualified organizations and entities can request free naloxone from DHCS and have it directly shipped to their address.
- Resources:
  - NDP Frequently Asked Questions
  - Email: Naloxone@dhcs.ca.gov



CDPH California Department of PublicHealth

OPI Overdose Prevention Initiative

The Power of Life-Saving Naloxone from CDPH Partners

A teenager was reverse twice recently thanks to a family member who had been trained to use naloxone

Girlfriend of the unresponsive male said he had overdosed. Coalition member ran back into her apartment to get her Narcan kits. She successfully reversed the overdose after administering Narcan and performing CPR.

A patient with active SUD was given naloxone. They had a friend staying with them who overdosed and the patient was able to reverse them.

CDPH California Department of PublicHealth

OPI Overdose Prevention Initiative

You're Invited: Youth Cannabis Prevention Initiative Webinar

Register here

- Current CA landscape of youth mental health and cannabis use.
- CDPH's formative research and community needs outreach efforts.
- CDPH's upcoming Youth Cannabis Education and Prevention Media Campaign.

Contact: Cannabis@cdph.ca.gov

Visit us on the web:
www.cdph.ca.gov/StopOverdose

Email us: OPI@cdph.ca.gov

District Level Naloxone Policy: Lake County

- SafeRx Lake County (a CDPH-funded coalition) worked with Lake County Office of Education to implement a local school naloxone policy.
- Allows for the superintendent or designee, or any trained district staff member, to administer naloxone during an opioid overdose.
- Includes language to ensure the superintendent or designee trains and distributes naloxone kits to district staff and replaces any used or expired kits.
- Resource to Learn More

CDPH California Department of PublicHealth

OPI Overdose Prevention Initiative

CDPH-Funded Local Activities
Overdose Prevention Coalition Service Areas

	Coalition	County(ies) Served
1	ACCELL Opioid Coalition	El Dorado
2	Butte Glenn Opioid Safety Coalition	Butte, Glenn
3	Central Valley Opioid Safety Coalition	Fresno, Madera, Tulare, Kings, Mariposa, Merced
4	Drug Safe Solano	Solano
5	East Bay Safe Prescribing Coalition	Alameda, Contra Costa
6	Niwho:n Warriors for Change	Humboldt
7	Northern Sierra Opioid Safety Coalition	Plumas, Sierra, Lassen, Modoc
8	RxSafe Humboldt	Humboldt
9	RxSafe Marin	Marin
10	SafeRx Lake County	Lake
11	SafeRx Mendocino	Mendocino
12	SafeRx Santa Cruz	Santa Cruz
13	SafeRxOC (UC Irvine)	Orange County
14	San Benito County Opioid Task Force	San Benito
15	San Joaquin County Opioid Safety Coalition	San Joaquin
16	San Luis Obispo County Coalition	San Luis Obispo
17	Sierra Sacramento Valley Medical Society	Sacramento
18	Siskiyou Against Rx Addiction	Siskiyou
19	Stanislaus County Opioid Safety Coalition	Stanislaus
20	Trinity County Public Health	Trinity
21	Yurok Tribe Wellness Coalition	Del Norte, Humboldt

21 Coalitions
30 Counties

Resources for Educators and Adult Role Models

- Webpage that houses a collection of opioid and substance use prevention resources for adult role models working with youth, including educators.
- Let's Talk Booklets (Marin County)

CDPH California Department of PublicHealth

OPI Overdose Prevention Initiative

Local Coalition Objectives

1. Translate Data into Action
2. Expand Medication Assisted Treatment (MAT) Access
3. Develop and Adopt Local Opioid Policies and Procedures
4. Promote Public Education and Awareness
5. Increase Access to Care and Services for High-Risk Populations
6. Promote Harm Reduction Services
7. Increase Access to Naloxone
8. Promote Safe Prescribing
9. Implement Drug Prevention Activities

CDPH California Department of PublicHealth

OPI Overdose Prevention Initiative

Placer County Office of Education

Phillip J. Williams, Deputy Superintendent,
Placer County Office of Education

San Diego Unified School District

Susan Barndollar

Fresno County Office of Education

Jim Yovino, Fresno County Superintendent of Schools

Los Angeles Unified School District

Smita Malhotra, MD, Medical Director, Office of The Medical Director, Los Angeles Unified School District

Narcan for All K-12 Schools

Smita Malhotra, MD
Medical Director
Los Angeles Unified School District

September 13, 2022

Los Angeles Times

CALIFORNIA

‘One pill kills’: Student’s overdose death prompts urgent action among educators, police

Melanie Ramos, a 15-year-old student at Helen Bernstein High School in Hollywood, died of a suspected fentanyl overdose on campus Tuesday. Her death has touched off urgent pledges to raise drug awareness among youths. (Johann Hervert)

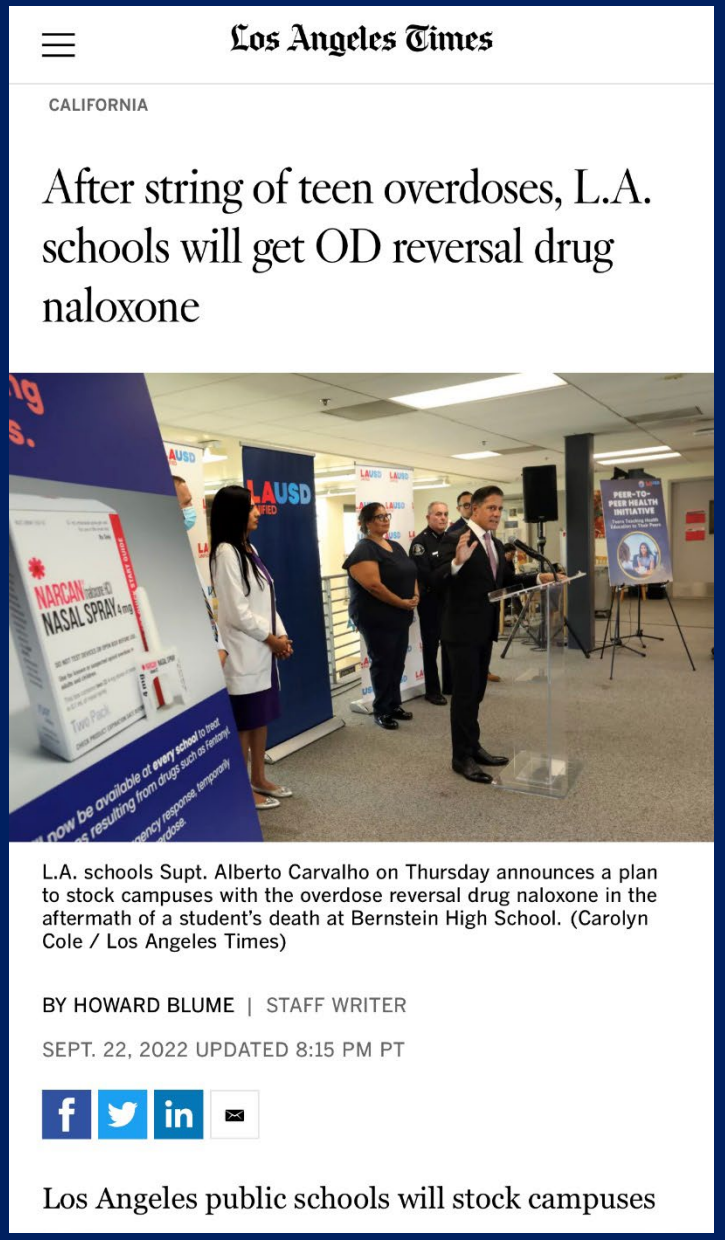
BY HOWARD BLUME, SUMMER LIN, RICHARD WINTON

SEPT. 17, 2022 5 AM PT

Over recent weeks,
9 students have overdosed across the District.

7 were linked to the Bernstein campus and Hollywood High School.

September 22, 2022



Los Angeles Times

CALIFORNIA

After string of teen overdoses, L.A. schools will get OD reversal drug naloxone

L.A. schools Supt. Alberto Carvalho on Thursday announces a plan to stock campuses with the overdose reversal drug naloxone in the aftermath of a student's death at Bernstein High School. (Carolyn Cole / Los Angeles Times)

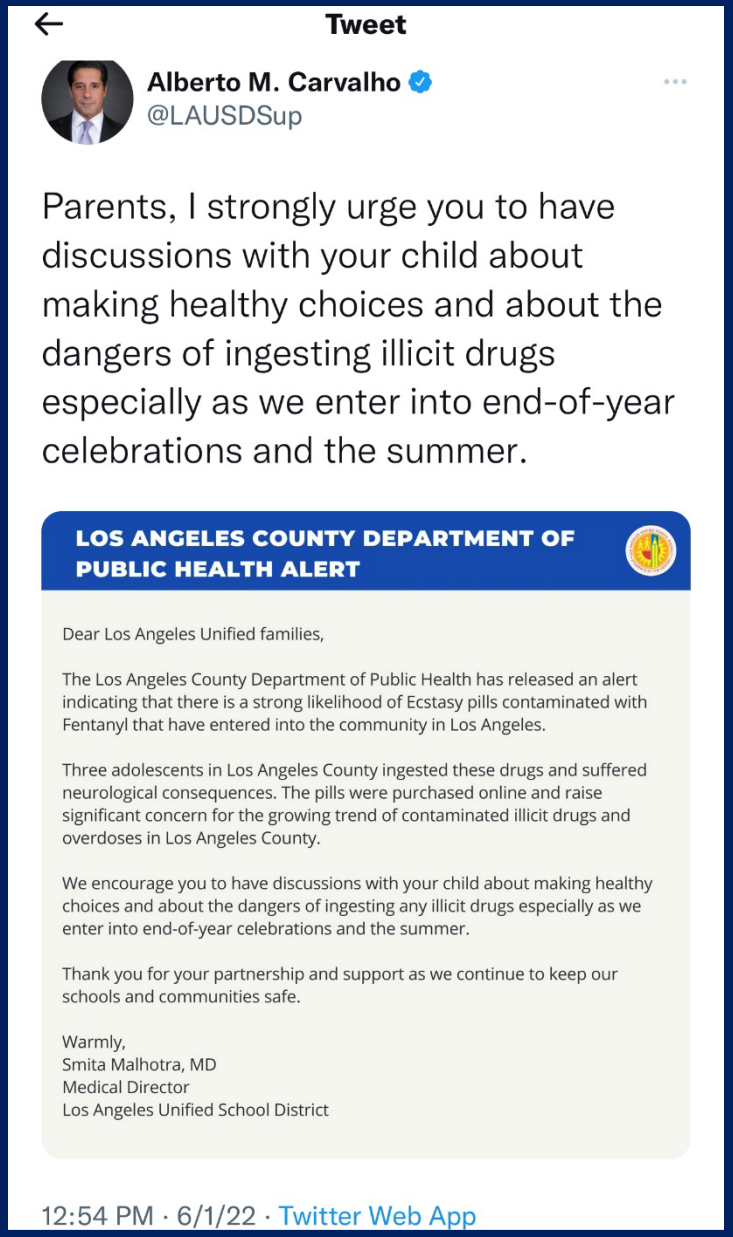
BY HOWARD BLUME | STAFF WRITER

SEPT. 22, 2022 UPDATED 8:15 PM PT

Los Angeles public schools will stock campuses

In response—we announced that we would have Narcan in all K-12 schools by mid-October

June 1, 2022



Tweet

Alberto M. Carvalho
@LAUSDSup

Parents, I strongly urge you to have discussions with your child about making healthy choices and about the dangers of ingesting illicit drugs especially as we enter into end-of-year celebrations and the summer.

LOS ANGELES COUNTY DEPARTMENT OF PUBLIC HEALTH ALERT

Dear Los Angeles Unified families,

The Los Angeles County Department of Public Health has released an alert indicating that there is a strong likelihood of Ecstasy pills contaminated with Fentanyl that have entered into the community in Los Angeles.

Three adolescents in Los Angeles County ingested these drugs and suffered neurological consequences. The pills were purchased online and raise significant concern for the growing trend of contaminated illicit drugs and overdoses in Los Angeles County.

We encourage you to have discussions with your child about making healthy choices and about the dangers of ingesting any illicit drugs especially as we enter into end-of-year celebrations and the summer.

Thank you for your partnership and support as we continue to keep our schools and communities safe.

Warmly,
Smita Malhotra, MD
Medical Director
Los Angeles Unified School District

12:54 PM · 6/1/22 · Twitter Web App

We had started working on the availability of Narcan in schools in June—when LACDPH had released an alert about the growing trend of illicit drugs contaminated with Fentanyl.

District Response

- The availability of Naloxone in all K-12 schools
- Peer-to Peer Counseling
- Family Academy/Parent Engagement
- Safety Response

Narcan in K-12 Schools

- The availability of Naloxone in all K-12 schools
- Working with LACDPH to get Narcan Doses
- Children's Hospital Los Angeles has provided doses
- Applied to DHCS Naloxone Distribution Project
- Los Angeles Trust for Children's Health has connected us to community based organizations

Narcan in K-12 Schools

- Training for all healthcare staff in the District
- We are also asking for District staff to volunteer to be trained
- Monday October 3rd—webinar training for healthcare staff
- Going forward, any member of our District staff can be trained through our online training portal

LAUSD UNIFIED Peer-to-Peer Counseling

- Peer-to-peer counseling is a research-backed intervention
- Students are trained to mentor peers in areas including mental, relational and reproductive health.
- The District is partnering with the Health Information Project (HIP), and with organizations such as the The Los Angeles Trust for Children's Health, to implement and expand peer-to-peer counseling programs.

Family Academy/Parent Engagement

- We have expanded our partnerships with educators, community based organizations and hospitals
- Courses will also provide information about locations providing direct support for affected families.
- Starting this week, the Family Academy will begin to host special segments, expanding upon the successful programming offered to date.

Family Academy/Parent Engagement

- District educators and hospitals will build family knowledge and capacity in the following:
  - Introducing our District campaign, “Make a Choice”
  - Families will be introduced to the science of substance abuse, what substances look like and the mental and physical damages of those who use substances.
  - We will offer ample time during Family Academy segments to dialogue with families in order to direct people to our campuses, wellness centers and partner organizations for immediate support.

Family Academy/Parent Engagement

Friday, September 30 from 5:30-7:30PM	Saturday, October 1 9:30AM-11:30AM
• Overview of Make a Choice campaign • Learning about Fentanyl, substances circulating in our communities, and the body's response to these drugs • Districts investment in Narcan and its role to address overdoses. • Parenting tips, resources and sentence starters • Two-way dialogue with participants addressing their questions and directing them to resources	• Brief learning about Fentanyl, substances circulating our communities, and the body's response to these drugs • Brief highlight of the Districts investment in Narcan and its role to address overdoses. • Psychological first aid and parenting tips to dialogue with our children about this topic • Panel with Q&A with practitioners: Children's Hospital, Dr. Malhotra, school site leader

Safety Response

- Los Angeles Unified is developing a safety task force with community organizations, law enforcement and other partners to identify and review emerging issues.
- The task force will also coordinate safety plans for school communities.
- School Police Chief will involve law enforcement partners for immediate support to schools.
- We will use enhanced, data driven methodologies to identify hotspots and concentrate our efforts around strategies to support our schools and/or the most critical incidents.

Next Meeting

- **Wednesday, October 12, 2022 @1:00 PM**

SS4A-Grants@cdph.ca.gov