

CALIFORNIA HEALTHY KIDS SURVEY



Mountain View Los Altos Secondary 2021-2022 Main Report

This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education School Health Office. For contract information, contact:

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PREFACE

HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2021-22 *California Healthy Kids Survey* (CHKS) for schools within this school district. The CHKS, along with its two companion surveys—the *California School Staff Survey* (CSSS) and the *California School Parent Survey* (CSPS)—form the California Department of Education’s *California School Climate, Health, and Learning Survey* (CalSCHLS) System. CalSCHLS is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by CalSCHLS. Appendix I lists the schools that administered the survey in the district and their response rates; Appendix II provides more information about CHKS questions.

These surveys grew out of the California Department of Education’s (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website (calschls.org), including *Helpful Resources for Local Control and Accountability Plans* (calschls.org/docs/lcap_cal_schls.pdf). The California Safe and Supportive Schools website (ca-safe-supportive-schools.wested.org) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS Regional Centers offer data workshops and coaching to help identify local needs and develop action plans to meet those needs.

THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs. Appendix II is a brief guide to key CHKS Core Module indicators designed to help survey users more easily understand and interpret their findings.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The secondary-school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules that districts can elect to administer.

Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

Core Module

As summarized in Appendix II, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, college and career readiness, positive development, and well-being. The majority of the questions are school-specific, including the following indicators:

- student grades, truancy, boredom at school, attendance, academic motivation, and school connectedness, as indicators of engagement;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- perceived school safety, bullying, and victimization; and
- violence perpetration, substance use, and crime-related behavior (e.g., weapons possession).

The Core Module also assesses indicators of student well-being in general, including the scope and nature of substance use and mental health and wellness (chronic sadness, social and emotional distress, life satisfaction, and contemplation of suicide). These questions provide insight into important barriers to learning and development.

A wide range of demographic questions help districts identify differences among student groups and to better address the needs of significant and vulnerable students, including those required to be included in LCAP efforts. These include differences in the results related to race/ethnicity, gender, sexual orientation, and socioeconomic status; homeless and foster status; and English language proficiency.

What's New? Although most school buildings have re-opened in 2021-22 for in-person instruction in California, the CHKS still contains skip logic to direct students to some questions relevant to remote instruction for students participating in school remotely via the California's Independent Study option. In addition, questions asking about students' social and emotional distress and optimism about the future have been retained and life satisfaction items have been added to the Core Module to assess student wellness. The new content assessed by the Core Module includes the following:

- boredom at school;
- life satisfaction;
- perceived harm of occasional and frequent vaping of tobacco/nicotine;
- perceived difficulty of obtaining prescription drugs; and
- frequency of vaping specific substances (tobacco or nicotine, marijuana or THC, other).

In addition, display logic has been added to the survey so that all students are not asked questions that are not applicable to them (e.g., cessation attempts are only asked of students who had used substances in their lifetime). To reduce survey burden, items assessing self-efficacy, problem solving, self-awareness, gratitude, and adult and peer caring relationships have been moved back to the Social Emotional Health Module (SEHM).

School Climate Module (Supplementary)

To further support school improvement efforts and the LCAP process, a supplementary School Climate Module is available. It provides additional data on student academic mindset, school academic supports, discipline/order, supports for social-emotional learning, bullying prevention, peer relationships, respect for diversity, and the quality of the physical environment (calschls.org/survey-administration/downloads).

Social Emotional Health Module (Supplementary)

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional capacities linked to student mental health and well-being and academic success. It includes 43 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

SURVEY ADMINISTRATION AND SAMPLE

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Each student's participation was voluntary, anonymous, and confidential.

- Table A1.1 describes the target sample of students and the final number and percent of students who completed the survey (the participation response rate).
- Appendix I lists all the secondary schools in the district that were eligible to participate in the survey and the percentage of their enrolled students that completed the survey (included in the district report).

THE REPORT

The report tables, organized by topic, provide the percentage of students that responded to each question response option by grade level. Percentages are rounded to the nearest whole number.

Racial/Ethnic and Gender Results

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by the race/ethnicity or gender of students or by other demographic categories.

ONLINE DATA DASHBOARDS

Public Dashboard. Anyone can examine online key state, county, and district CHKS results on the public CalSCHLS Data Dashboard (calschls.org/reports-data/dashboard). The dashboard can be used to graphically display statewide, county, and district key indicators from the Core and School Climate Module, trends over time, and disparities in survey outcomes across subgroups. Group differences by gender, race/ethnicity, parental education, parent military status, homeless status, afterschool participation, gender identity, and sexual orientation can be examined. In addition, results can be displayed for English learners, free and reduced-priced meal eligible students (before 2021-22), and foster youth – three important LCAP priority groups. In addition to displaying results interactively on the web, dashboard

results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

The District Dashboard Option. Districts may now also purchase a two-year subscription to a password protected, private data dashboard that displays up to eight years of CalSCHLS data at not only the district level but also the *individual school level*. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons across groups such as race/ethnicity, sexual orientation, gender identity, and afterschool participation; and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

UNDERSTANDING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

Representativeness

Among the most important factors affecting the quality of survey results is the level and type of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). One indication of the survey's representativeness is how accurately the sample reflects the gender and ethnic composition of the student enrollment. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

RESOURCES

CalSCHLS.org contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level (calschls.org/resources/factsheets).
- *Assessing School Climate* describes the value of the CalSCHLS student, staff, and parent surveys for assessing school climate, listing constructs and individual indicators (data.calschls.org/resources/Cal-SCHLS_AssessingClimate2013-14.pdf).

- ***Making Sense of School Climate*** provides a discussion of CalSCHLS survey items that relate to school climate (data.calschls.org/resources/S3_schoolclimateguidebook_final.pdf).
- ***Using CalSCHLS to Assess Social-Emotional Learning and Health*** describes how the CHKS Core and SEHM module provide a comprehensive profile of student social-emotional competency (learning) and health, and the related supports schools provide, including questions aligned with the framework developed by the Collaborative for Academic, Social, and Emotional Learning (CASEL) (data.calschls.org/resources/CalSCHLS_AssessSELH.pdf). The staff survey provides data on the perception of adults in the school on social-emotional service needs and provision.
- ***Helpful Resources for Local Control and Accountability Plans*** describes how survey items align with LCAP priorities and indicators (calschls.org/docs/lcap_cal_schls.pdf). Also available is an LCAP-related PowerPoint presentation (calschls.org/site/assets/files/1036/cal-schls-lcap_schoolclimatev6-1.pptx).
- The ***California Safe and Supportive Schools Newsletter*** provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on calschls.org/resources.
- CDE's **California Safe and Supportive Schools** website (ca-safe-supportive-schools.wested.org) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.
- The **CalSCHLS Item Crosswalk** (calschls.org/docs/calschls-crosswalk.pdf) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS Regional Centers. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS Regional Center 888.841.7536 or email calschls@wested.org.

Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- **Staff and Parent Surveys.** If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk (calschls.org/docs/calschls-crosswalk.pdf) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- **Elementary CHKS Results.** Examine how the results from 9th and 11th graders compare with those from 5th and 7th graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- **Other Data.** Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- **Similar District and Statewide Results.** The results from the biennial state administration of the CHKS, which provide representative state norms, can be downloaded from the CalSCHLS website (data.calschls.org/resources/Biennial_State_1719.pdf) or examined on the CalSCHLS Data Dashboard (calschls.org/reports-data/dashboard). If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison (calschls.org/reports-data/search-lea-reports). How you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

Data Workshop

To assist in your review of the survey results, you can request your CalSCHLS Regional Center to conduct a structured, customized *Data Workshop*. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS Regional Center (888.841.7536) or email calschls@wested.org.

Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available through the CalSCHLS Regional Centers to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

School Reports and School Climate Report Cards

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school. Two types of reports are available:

- A full report with all the survey results
- A short, user-friendly, graphic **School Climate Report Card** that provides results across key indicators of school climate and provides two-year state averages on those indicators (calschls.org/reports-data)

District School Climate Report Card

For districts that survey all their schools, a district-level School Climate Report Card can be requested. This is a powerful, useful tool for guiding efforts to meet the school climate and pupil engagement priorities for the Local Control and Accountability Plan.

Disaggregated Reports

The staff of the CalSCHLS Regional Centers can produce full reports that look at how results vary by demographic subgroups (e.g., race/ethnicity), or by other characteristics of youth, such as those who are low in academic motivation compared to those who are high. This can be valuable for identifying what subgroups need to be targeted with what resources and programs. Given the LCAP requirement that districts identify and address the needs of underserved subgroups, doing this would be a natural next step for addressing subgroup disparities.

Additional Analysis of Data

The complete dataset is available electronically for additional analysis (calschls.org/reports-data). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

Add Questions to Your Next Surveys

Determine what additional information is needed from students to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (888.841.7536) or email calschls@wested.org.

Exhibit 1***Major School-Related Domains and Constructs Assessed by CalSCHLS in Secondary Schools***

	Student Core	Student School Climate	Student Social Emotional Health	Staff Survey	Parent Survey
Student Learning Engagement					
Academic mindset			✓		
Academic motivation	✓	✓		✓	✓
Academic performance (grades)	✓				
Attendance (absences and reasons absent)	✓			✓	
School connectedness	✓				
Student Social-Emotional and Physical Well-being					
Alcohol, tobacco, and drug use	✓			✓	✓
Behavioral self-control			✓		
Bedtime	✓				
Collaboration			✓		
Emotional self-regulation			✓		
Empathy			✓		
Gratitude			✓		
Life satisfaction	✓				
Optimism	✓				
Perceived safety	✓			✓	✓
Persistence			✓		
Problem solving			✓		
Self-awareness			✓		
Self-efficacy			✓		
Social-emotional competencies and health			✓	✓	
Social-emotional distress	✓				
Violence and victimization (bullying)	✓			✓	✓
Zest			✓		
School Climate Conditions					
Academic rigor and norms				✓	✓
College and career supports		✓		✓	✓
Family support			✓		
High expectations	✓			✓	✓
Meaningful participation and decision-making	✓			✓	✓
Parent involvement	✓			✓	✓
Physical environment	✓	✓		✓	✓
Relationships among staff				✓	
Relationships among students		✓	✓	✓	✓
Relationships between students and staff	✓			✓	✓
Respect for diversity and cultural sensitivity		✓		✓	✓
Teacher and other supports for learning		✓		✓	✓
School Climate Improvement Practices					
Bullying prevention		✓		✓	✓
Discipline and order (policies, enforcement)		✓		✓	✓
Services and policies to address student needs				✓	
Social-emotional/behavioral supports		✓		✓	✓
Staff supports				✓	

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Survey Module Administration

Table 1

CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. Alcohol and Other Drugs (AOD) Module	
C. Closing the Achievement Gap (CTAG) Module	
D. Community Health Module	
E. District Afterschool Module (DASM)	
F. Drug-Free Communities (DFC) Module	
G. Gang Risk Awareness Module (GRAM)	
H. Gender Identity & Sexual Orientation-Based Harassment Module	
I. Mental Health Supports Module	
J. Military-Connected School Module	
K. Physical Health & Nutrition Module	
L. Resilience & Youth Development Module	
M. Safety & Violence Module	
N. School Climate Module	
O. Sexual Behavior Module	
P. Social Emotional Health Module (SEHM)	
Q. Tobacco Module	
R. Trauma Informed Care Module	
Z. Custom Questions	X

Core Module Results

1. Survey Sample

Table A1.1

Student Sample for Core Module

	Grade 9	Grade 10	Grade 11	Grade 12
<i>Student Sample Size</i>				
Target sample	1,090	1,086	1,122	1,130
Final number	1,036	977	940	844
Response Rate	95%	90%	84%	75%

Table A1.2

Number of Respondents by Instructional Model

	Grade 9	Grade 10	Grade 11	Grade 12
In-school learning only	1,029	974	937	841
Remote learning only	7	3	3	3

2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %	Table
School Engagement and Supports					
School connectedness ^{†#} (<i>In-School Only</i>)	67	66	65	64	A6.4
School connectedness ^{†ψ} (<i>Remote Only</i>)					A6.4
Academic motivation [†]	68	68	67	65	A6.4
School is really boring [±]	50	52	53	50	A6.11
School is worthless and a waste of time [±]	13	15	16	16	A6.11
Monthly Absences (3 or more)	8	10	12	13	A6.2
Maintaining focus on schoolwork [†]	36	31	28	24	A6.10
Caring adult relationships [‡]	60	60	64	67	A6.4
High expectations-adults in school [‡]	75	72	75	76	A6.4
Meaningful participation [‡]	28	24	27	28	A6.4
Facilities upkeep ^{†Φ}	62	61	62	62	A6.14
Promotion of parental involvement in school [†]	51	48	49	43	A6.4
School Safety and Cyberbullying					
School perceived as very safe or safe ^Φ	75	73	77	79	A8.1
Experienced any harassment or bullying [§]	21	23	19	21	A8.2
Had mean rumors or lies spread about you [§]	17	19	17	17	A8.3
Been afraid of being beaten up ^{§Φ}	8	7	5	4	A8.3
Been in a physical fight ^{§Φ}	3	3	3	2	A8.4
Seen a weapon on campus ^{§Φ}	5	5	6	5	A8.6
Cyberbullying [§]	14	16	18	14	A8.3

Notes: Cells are empty if there are less than 10 respondents.

[†] Average percent of respondents reporting “Agree” or “Strongly agree.”

[#] The scale was based on five survey questions for in-school respondents.

^ψ The scale was based on four questions for remote respondents.

[±] Rating of 6 or higher.

^Φ In-school only.

[‡] Average percent of respondents reporting “Pretty much true” or “Very much true.”

[§] Past 12 months.

Table A2.2**Key Indicators of Substance Use, Remote Learning, and Student Well-Being**

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %	Table
Substance Use					
Current alcohol or drug use [¶]	6	9	18	26	A9.5
Current marijuana use [¶]	2	3	8	11	A9.5
Current binge drinking [¶]	1	3	7	13	A9.5
Very drunk or “high” 7 or more times, ever	1	3	8	11	A9.7
Been drunk or “high” on drugs at school, ever	1	2	5	9	A9.9
Current cigarette smoking [¶]	0	1	2	2	A10.4
Current vaping [¶]	2	4	6	8	A10.4
Current tobacco vaping [¶]	1	2	4	5	A10.5
Current marijuana vaping [¶]	1	2	4	5	A10.5
Routines					
Eating of breakfast [‡]	67	67	62	60	A4.1
Bedtime (at 12 am or later)	23	35	46	50	A4.2
Learning from Home					
Average days worked on schoolwork (≥ 5) [¶] ^δ					A5.1
Synchronous instruction (4 days or more) [¶] ^δ					A5.1
Interest in schoolwork done from home ^δ					A5.3
Meaningful opportunities [‡] ^δ					A5.2
Social and Emotional Health					
Social emotional distress [‡]	27	35	37	38	A7.5
Experienced chronic sadness/hopelessness [§]	28	34	37	40	A7.1
Considered suicide [§]	18	15	19	16	A7.2
Optimism [‡]	45	40	37	39	A7.3
Life satisfaction [±]	65	62	62	60	A7.4

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

[‡]Today.

^δRemote only.

[¶]Past 7 days.

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true.”

[§]Past 12 months.

[±]Average percent of respondents reporting “Satisfied” or “Very satisfied.”

3. Demographics

Table A3.1

School Schedule, Past 30 Days

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
In-School Model	99	100	100	100
Remote Learning Model	1	0	0	0

Question HS/MS A.1: Which of the following best describes your school schedule during the past 30 days?

Notes: Cells are empty if there are less than 10 respondents.

In-School Model - Respondents selecting “I went to school in person at my school building for the entire day, Monday through Friday.”

Remote Learning Model - Respondents selecting “I participated in school from home for the entire day on most or all weekdays and did not go to school in person.”

Table A3.2

Gender of Sample

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Male	50	47	51	48
Female	43	47	46	48
Nonbinary	4	4	2	3
Something else	3	3	1	1

Question HS/MS A.3: What is your gender?

Note: Cells are empty if there are less than 10 respondents.

Table A3.3
Sexual Orientation

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Straight (not gay)	68	67	73	71
Lesbian or Gay	5	5	4	3
Bisexual	11	14	11	14
Something else	6	4	2	3
Not sure	8	6	6	4
Decline to respond	4	5	4	5

Question HS/MS A.5: Which of the following best describes you?

Note: Cells are empty if there are less than 10 respondents.

Table A3.4
Gender Identity

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
No, I am not transgender	89	89	94	93
Yes, I am transgender	4	3	2	3
I am not sure if I am transgender	4	4	1	1
Decline to respond	3	4	2	3

Question HS/MS A.4: Some people describe themselves as transgender when how they think or feel about their gender is different from the sex they were assigned at birth. Are you transgender?

Note: Cells are empty if there are less than 10 respondents.

Table A3.5***Race or Ethnicity***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
American Indian or Alaska Native	0	1	0	0
Asian or Asian American	26	29	27	27
Black or African American	1	1	1	1
Hispanic or Latinx	23	24	26	26
Native Hawaiian or Pacific Islander	0	0	0	1
White	32	32	31	33
Mixed (two or more) ethnics	12	11	13	11
Something else	5	3	2	1

Question HS/MS A.6: What is your race or ethnicity? (Mark All That Apply.)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latinx... Native Hawaiian or Pacific Islander... White... Something else.

Note: Cells are empty if there are less than 10 respondents.

Table A3.6***Living Situation***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
A home with one or more parent or guardian	96	96	95	97
Other relative's home	0	1	1	1
A home with more than one family	2	1	2	1
Friend's home	0	0	0	0
Foster home, group care, or waiting placement	0	0	0	0
Hotel or motel	0	0	0	0
Shelter, car, campground, or other transitional or temporary housing	0	0	0	0
Other living arrangement	1	1	2	1

Question HS/MS A.9: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.

Note: Cells are empty if there are less than 10 respondents.

Table A3.7***Highest Education of Parents***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Did not finish high school	7	7	10	12
Graduated from high school	5	5	6	5
Attended college but did not complete four-year degree	4	5	4	4
Graduated from college	77	76	74	73
Don't know	7	7	6	5

Question HS/MS A.10: What is the highest level of education your parents or guardians completed? (Mark the educational level of the parent or guardian who went the furthest in school.)

Note: Cells are empty if there are less than 10 respondents.

Table A3.8***Language Spoken at Home***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
English	69	68	69	65
Spanish	15	16	17	18
Mandarin	4	4	3	3
Cantonese	0	1	0	2
Taiwanese	0	0	0	0
Tagalog	0	1	1	1
Vietnamese	0	0	0	1
Korean	1	1	1	1
Arabic	0	0	0	0
Other	9	9	9	9

Question HS/MS A.14: What language is spoken most of the time in your home?

Note: Cells are empty if there are less than 10 respondents.

Table A3.9**English Language Proficiency Among Students Speaking a Language Other Than English at Home**

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
How well do you...				
understand English?				
Very well	79	83	82	83
Well	18	13	14	12
Not well	3	3	3	4
Not at all	0	1	1	1
speak English?				
Very well	72	74	74	78
Well	23	21	22	17
Not well	5	3	3	3
Not at all	0	1	1	2
read English?				
Very well	68	70	71	76
Well	29	25	24	17
Not well	3	4	4	6
Not at all	0	1	1	1
write English?				
Very well	60	65	65	72
Well	35	30	30	22
Not well	4	3	4	4
Not at all	0	1	1	2
English Language Proficiency Status				
Proficient	64	70	70	75
Not proficient	36	30	30	25

Question HS/MS A.14, 14A-14D: What language is spoken most of the time in your home?... How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English.

Notes: Cells are empty if there are less than 10 respondents.

English Language Proficiency was determined by creating a scale score using four survey questions: how well do you understand... speak... read... and write English? Response options are reverse coded so higher values indicate higher English proficiency level (“Not at all” (1); “Not well” (2); “Well” (3); and “Very well” (4)). The scale score was computed by averaging the survey responses. Respondents are categorized as “Proficient” or “Not Proficient” based on the English language proficiency scale.

Proficient: students with average item response > 3.5; and

Not Proficient: students with average item response ≤ 3.5.

Table A3.10***Number of Days Attending Afterschool Program (In-School Only)***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
I do not attend my school's afterschool program	88	87	91	92
1 day	2	2	1	1
2 days	2	2	2	2
3 days	1	2	2	1
4 days	2	1	1	1
5 days	4	6	2	2

Question HS/MS A.21: How many days a week do you usually go to your school's afterschool program?

Note: Cells are empty if there are less than 10 respondents.

Table A3.11***Military Connections***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
No	97	97	97	98
Yes	3	2	2	2
Don't know	1	2	1	0

Question HS/MS A.11: Is your father, mother, or guardian currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?

Note: Cells are empty if there are less than 10 respondents.

4. Routines

Table A4.1

Eating of Breakfast

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
No	33	33	38	40
Yes	67	67	62	60

Question HS/MS A.16: Did you eat breakfast today?

Note: Cells are empty if there are less than 10 respondents.

Table A4.2

Bedtime

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Before 7:00 pm	1	0	0	1
7:00-7:59 pm	0	0	0	1
8:00-8:59 pm	1	2	1	1
9:00-9:59 pm	11	6	4	7
10:00-10:59 pm	33	23	19	13
11:00-11:59 pm	31	35	30	29
12:00-12:59 am	15	21	25	26
After 1:00 am	9	13	21	24
<i>Bedtime at 12 am or later</i>	23	35	46	50

Question HS/MS A.15: What time did you go to bed last night?

Note: Cells are empty if there are less than 10 respondents.

5. Learning from Home

Table A5.1

Remote Learning Schedule and Instructional Time (Remote Only)

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Time spent on learning and completing schoolwork from home on the average weekday				
Less than 1 hour				
Between 1 and 2 hours				
Between 2 and 3 hours				
Between 3 and 4 hours				
Between 4 and 5 hours				
More than 5 hours				
Number of days in the past week participating in an online class from home where your teacher talked to students				
0 days				
1 day				
2 days				
3 days				
4 days				
5 days				
Number of weekdays participating in school from home for the entire school day				
0 days				
1 day				
2 days				
3 days				
4 days				
5 days				

Question HS/MS A.22, 24, 25: In the past 30 days, how many weekdays in an average week did you participate in school from home for an entire school day? On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?

Note: Cells are empty if there are less than 10 respondents.

Table A5.2***Interesting Activities Provided for Student in Remote Learning (Remote Only)***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Not at all true				
A little true				
Pretty much true				
Very much true				

Question HS/MS A.53: There is a teacher or some other adult from my school... who provides me with interesting activities to do while I am participating in school from home.

Note: Cells are empty if there are less than 10 respondents.

Table A5.3***Interest in Schoolwork Done from Home (Remote Only)***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Strongly disagree				
Disagree				
Neither disagree nor agree				
Agree				
Strongly agree				

Question HS/MS A.44: How strongly do you agree or disagree with the following statements?... I am interested in the schoolwork I do when participating in school from home.

Note: Cells are empty if there are less than 10 respondents.

6. School Performance, Engagement, and Supports

Table A6.1

Grades, Past 12 Months

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Mostly A's	43	38	34	39
A's and B's	36	39	38	33
Mostly B's	5	6	10	8
B's and C's	9	11	12	11
Mostly C's	3	2	3	4
C's and D's	3	3	3	4
Mostly D's	1	0	0	1
Mostly F's	1	0	1	0

Question HS/MS A.27: During the past 12 months, how would you describe the grades you mostly received in school?

Note: Cells are empty if there are less than 10 respondents.

Table A6.2

Absences, Past 30 Days

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
I did not miss any days of school in the past 30 days	67	63	56	51
1 day	17	18	20	23
2 days	8	10	12	13
3 or more days	8	10	12	13

Question HS/MS A.17, 26: In the past 30 days, how often did you miss an entire day of school for any reason? [In-school only]. In the past 30 days, how often did you miss an entire day of remote learning classes for any reason? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.3***Reasons for Absence, Past 30 Days***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Does not apply; I didn't miss any school	65	59	52	47
Illness (feeling physically sick), including problems with breathing or your teeth	22	29	33	34
Were being bullied or mistreated at school <i>(In-School Only)</i>	1	0	1	0
Felt very sad, hopeless, anxious, stressed, or angry	7	9	13	17
Didn't get enough sleep	5	8	11	17
Didn't feel safe at school or going to and from school <i>(In-School Only)</i>	0	1	1	1
Had to take care of or help a family member or friend	2	2	2	3
Wanted to spend time with friends	1	1	1	2
Used alcohol or drugs	0	0	1	1
Were behind in schoolwork or weren't prepared for a test or class assignment	2	5	8	12
Were bored or uninterested in school	3	2	5	7
Had no transportation to school <i>(In-School Only)</i>	1	1	1	2
Other reason	12	10	11	15

Question HS/MS A.28, 30: In the past 30 days, did you miss a day of school for any of the following reasons? (Mark All That Apply.) [In-school only]... In the past 30 days, did you miss a day of school from home for any of the following reasons? (Mark All That Apply.) [Remote only]

Notes: Cells are empty if there are less than 10 respondents.

Total percentages may exceed 100% for "mark all that apply" items.

Table A6.4***School Environment, School Connectedness, Academic Motivation, and Promotion of Parental Involvement Scales***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %	Table
Total school supports	54	52	56	57	
Caring adults in school [‡]	60	60	64	67	A6.5
High expectations-adults in school [‡]	75	72	75	76	A6.6
Meaningful participation at school [‡]	28	24	27	28	A6.7
School connectedness ^{†#} <i>(In-School Only)</i>	67	66	65	64	A6.8
School connectedness ^{†ψ} <i>(Remote Only)</i>					A6.8
Academic motivation [†]	68	68	67	65	A6.9
Promotion of parental involvement in school [†]	51	48	49	43	A6.12

Notes: Cells are empty if there are less than 10 respondents.

[‡]Scales are based on average of respondents reporting “Pretty much true” or “Very much true.”

[†]Scales are based on average of respondents reporting “Agree” or “Strongly agree.”

[#]The scale was based on five survey questions for in-school respondents.

^ψThe scale was based on four questions for remote respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Table A6.5***Caring Relationships Scale Questions***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Caring adults in school				
<i>Average reporting “Pretty much true” or “Very much true”</i>	60	60	64	67
<i>There is a teacher or some other adult from my school... who really cares about me.</i>				
Not at all true	10	11	8	6
A little true	36	33	30	24
Pretty much true	38	36	36	39
Very much true	16	20	26	31
<i>who notices when I’m not there.</i>				
Not at all true	12	13	11	11
A little true	31	31	31	28
Pretty much true	37	35	34	36
Very much true	20	20	24	25
<i>who listens to me when I have something to say.</i>				
Not at all true	8	8	5	7
A little true	24	24	23	21
Pretty much true	41	39	41	41
Very much true	28	29	30	31

Question HS/MS A.51, 54, 57: There is a teacher or some other adult from my school... who really cares about me... who notices when I’m not there... who listens to me when I have something to say.

Note: Cells are empty if there are less than 10 respondents.

Table A6.6***High Expectations Scale Questions***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
High expectations-adults in school				
<i>Average reporting “Pretty much true” or “Very much true”</i>	75	72	75	76
<i>There is a teacher or some other adult from my school... who tells me when I do a good job.</i>				
Not at all true	6	6	6	7
A little true	23	27	23	22
Pretty much true	42	41	42	43
Very much true	29	27	29	28
<i>who always wants me to do my best.</i>				
Not at all true	3	2	2	4
A little true	15	16	15	15
Pretty much true	43	41	42	38
Very much true	39	41	41	43
<i>who believes that I will be a success.</i>				
Not at all true	6	7	6	6
A little true	23	25	21	20
Pretty much true	41	39	41	37
Very much true	30	30	32	37

Question HS/MS A.52, 55, 58: There is a teacher or some other adult from my school... who tells me when I do a good job... who always wants me to do my best... who believes that I will be a success.

Note: Cells are empty if there are less than 10 respondents.

Table A6.7
Meaningful Participation Scale Questions

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Meaningful participation at school				
<i>Average reporting “Pretty much true” or “Very much true”</i>	28	24	27	28
<i>At school/When I participate in school,...</i>				
I do interesting activities.				
Not at all true	12	14	11	13
A little true	33	35	34	31
Pretty much true	37	35	36	36
Very much true	18	16	18	20
I help decide things like class activities or rules.				
Not at all true	43	47	46	48
A little true	35	36	34	33
Pretty much true	16	12	15	14
Very much true	6	5	5	5
I do things that make a difference.				
Not at all true	31	33	31	29
A little true	41	41	43	39
Pretty much true	22	19	18	22
Very much true	6	7	8	10
I have a say in how things work.				
Not at all true	39	43	37	41
A little true	37	39	41	35
Pretty much true	17	13	17	20
Very much true	7	5	6	4
I help decide school activities or rules.				
Not at all true	65	68	63	65
A little true	25	23	25	25
Pretty much true	8	7	7	7
Very much true	3	2	4	3

Question HS/MS A.59-68: At school [In-School only],... When I participate in school [Remote only],... I do interesting activities... I help decide things like class activities or rules... I do things that make a difference... I have a say in how things work... I help decide school activities or rules.

Note: Cells are empty if there are less than 10 respondents.

Table A6.8
School Connectedness Scale Questions

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
School connectedness[#] (<i>In-School Only</i>)				
Average reporting “Agree” or “Strongly agree”	67	66	65	64
School connectedness^ψ (<i>Remote Only</i>)				
Average reporting “Agree” or “Strongly agree”				
I feel close to people at/from this school.				
Strongly disagree	3	3	4	4
Disagree	8	9	8	11
Neither disagree nor agree	23	20	23	22
Agree	46	46	47	45
Strongly agree	20	22	19	18
I am happy with/to be at this school.				
Strongly disagree	3	3	5	4
Disagree	7	10	9	11
Neither disagree nor agree	25	25	26	26
Agree	45	45	48	44
Strongly agree	19	16	11	14
I feel like I am part of this school.				
Strongly disagree	3	3	5	5
Disagree	8	9	9	12
Neither disagree nor agree	31	31	30	30
Agree	44	44	46	41
Strongly agree	14	14	10	12

Question HS/MS A.31-38: How strongly do you agree or disagree with the following statements?... I feel close to people at this school. [In-School only]... I feel close to people from this school. [Remote only]... I am happy to be at this school. [In-School only]... I am happy with this school. [Remote only]... I feel like I am part of this school.... The teachers at this school treat students fairly. [In-School only]... The teachers treat students fairly. [Remote only]... I feel safe in my school. [In-School only]

Notes: Cells are empty if there are less than 10 respondents.

[#]The scale was based on five survey questions for in-school respondents.

^ψThe scale was based on four questions for remote respondents.

Table A6.8
School Connectedness Scale Questions – Continued

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
The teachers at this school treat students fairly/The teachers treat students fairly.				
Strongly disagree	1	2	2	2
Disagree	5	7	6	7
Neither disagree nor agree	19	21	22	21
Agree	56	52	55	53
Strongly agree	19	19	15	17
I feel safe in my school. (<i>In-School Only</i>)				
Strongly disagree	1	1	2	2
Disagree	5	3	3	3
Neither disagree nor agree	22	23	20	19
Agree	53	53	56	55
Strongly agree	18	20	18	21

Question HS/MS A.36-38 How strongly do you agree or disagree with the following statements?... The teachers at this school treat students fairly. [In-School only]... The teachers treat students fairly. [Remote only]...I feel safe in my school. [In-School only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.9***Academic Motivation Scale Questions***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Academic motivation				
<i>Average reporting “Agree” or “Strongly agree”</i>	68	68	67	65
I try hard to make sure that I am good at my schoolwork.				
Strongly disagree	1	1	1	1
Disagree	3	2	4	4
Neither disagree nor agree	11	11	12	15
Agree	51	47	46	48
Strongly agree	35	39	36	32
I try hard on my schoolwork because I am interested in it.				
Strongly disagree	5	7	8	6
Disagree	21	20	21	22
Neither disagree nor agree	32	29	29	28
Agree	33	33	31	33
Strongly agree	10	11	11	11
I work hard to try to understand new things when doing my schoolwork.				
Strongly disagree	1	2	3	3
Disagree	9	8	7	7
Neither disagree nor agree	23	22	23	23
Agree	49	48	47	51
Strongly agree	18	20	20	16
I am always trying to do better in my schoolwork.				
Strongly disagree	2	1	2	2
Disagree	4	5	4	7
Neither disagree nor agree	19	18	20	22
Agree	49	46	47	47
Strongly agree	27	30	27	22

Question HS/MS A.45-48: How strongly do you agree or disagree with the following statements?... I try hard to make sure that I am good at my schoolwork... I try hard on my schoolwork because I am interested in it... I work hard to try to understand new things when doing my schoolwork... I am always trying to do better in my schoolwork.

Note: Cells are empty if there are less than 10 respondents.

Table A6.10***Maintaining Focus on Schoolwork***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
It is hard for me to stay focused when doing my schoolwork.				
Strongly disagree	6	4	4	3
Disagree	30	26	24	21
Neither disagree nor agree	25	22	21	23
Agree	26	28	33	35
Strongly agree	13	19	18	19

Question HS/MS A.43: How strongly do you agree or disagree with the following statements?... It is hard for me to stay focused when doing my schoolwork.

Note: Cells are empty if there are less than 10 respondents.

Table A6.11
School Boredom

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
School is really boring.				
0 (Strongly disagree)	3	3	4	3
1	4	2	2	2
2	7	6	7	7
3	11	11	10	11
4	12	11	12	10
5	14	15	13	16
6	14	14	16	14
7	16	15	13	14
8	8	10	9	11
9	4	4	5	3
10 (Strongly agree)	8	9	9	8
School is worthless and a waste of time.				
0 (Strongly disagree)	26	23	23	23
1	14	15	14	12
2	16	15	14	16
3	14	12	14	16
4	8	9	8	7
5	8	12	10	9
6	4	5	5	6
7	4	6	4	3
8	1	2	3	2
9	0	1	1	1
10 (Strongly agree)	3	3	4	4

Question HS/MS A.49, 50: How strongly do you agree or disagree with the following statements?... School is really boring... School is worthless and a waste of time.

Note: Cells are empty if there are less than 10 respondents.

Table A6.12***Promotion of Parental Involvement Scale Questions***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Promotion of parental involvement in school				
<i>Average reporting “Agree” or “Strongly agree”</i>	51	48	49	43
Teachers at this school communicate with parents about what students are expected to learn in class.				
Strongly disagree	1	3	3	4
Disagree	10	14	13	16
Neither disagree nor agree	35	33	35	36
Agree	44	41	42	37
Strongly agree	10	9	8	7
Parents feel welcome to participate at this school.				
Strongly disagree	1	1	2	4
Disagree	5	7	7	10
Neither disagree nor agree	44	44	41	44
Agree	39	38	43	35
Strongly agree	10	9	6	8
School staff take parent concerns seriously.				
Strongly disagree	2	2	3	3
Disagree	6	10	9	15
Neither disagree nor agree	44	43	40	40
Agree	39	36	40	35
Strongly agree	10	9	9	7

Question HS/MS A.40-42: How strongly do you agree or disagree with the following statements?... Teachers at this school communicate with parents about what students are expected to learn in class... Parents feel welcome to participate at this school... School staff take parent concerns seriously.

Note: Cells are empty if there are less than 10 respondents.

Table A6.13***Checking Student Progress***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
A teacher or some other adult from my school checks on how I am feeling.				
Not at all true	23	23	20	21
A little true	35	35	34	31
Pretty much true	25	26	27	29
Very much true	16	17	18	19

Question HS/MS A.56: There is a teacher or some other adult from my school... who checks on how I am feeling.

Note: Cells are empty if there are less than 10 respondents.

Table A6.14***Quality of School Physical Environment (In-School Only)***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
My school is usually clean and tidy.				
Strongly disagree	2	1	3	3
Disagree	9	10	9	11
Neither disagree nor agree	27	27	26	24
Agree	51	50	53	53
Strongly agree	11	11	9	9

Question HS/MS A.39: How strongly do you agree or disagree with the following statements?... My school is usually clean and tidy.

Note: Cells are empty if there are less than 10 respondents.

7. Social and Emotional Health

Table A7.1

Chronic Sad or Hopeless Feelings, Past 12 Months

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
No	72	66	63	60
Yes	28	34	37	40

Question HS A.157/MS A.150: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?

Note: Cells are empty if there are less than 10 respondents.

Table A7.2

Seriously Considered Attempting Suicide, Past 12 Months

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
No	82	85	81	84
Yes	18	15	19	16

Question HS A.158/MS A.151: During the past 12 months, did you ever seriously consider attempting suicide?

Note: Cells are empty if there are less than 10 respondents.

Table A7.3
Optimism Scale Questions

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Optimism				
<i>Average reporting “Pretty much true” or “Very much true”</i>	45	40	37	39
Each day I look forward to having a lot of fun.				
Not at all true	17	23	22	26
A little true	43	42	45	42
Pretty much true	29	26	25	25
Very much true	12	9	8	7
I usually expect to have a good day.				
Not at all true	17	22	23	22
A little true	38	39	43	39
Pretty much true	34	29	26	32
Very much true	11	10	9	7
Overall, I expect more good things to happen to me than bad things.				
Not at all true	17	22	20	22
A little true	32	31	38	34
Pretty much true	33	32	30	32
Very much true	18	15	12	13

Question HS A.164-166/MS A.157-159: Please tell us how true each statement is of you... Each day I look forward to having a lot of fun... I usually expect to have a good day... Overall, I expect more good things to happen to me than bad things.

Note: Cells are empty if there are less than 10 respondents.

Table A7.4
Life Satisfaction Scale Questions

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Life satisfaction				
<i>Average reporting “Satisfied” or “Very satisfied”</i>	65	62	62	60
<i>I would describe my satisfaction with...</i>				
my family life as...				
Very dissatisfied	2	3	3	4
Dissatisfied	6	6	6	8
A little dissatisfied	7	7	8	8
A little satisfied	13	13	12	14
Satisfied	37	39	41	40
Very satisfied	35	31	30	26
my friendships as...				
Very dissatisfied	2	2	2	3
Dissatisfied	3	3	3	4
A little dissatisfied	7	7	7	8
A little satisfied	16	18	17	17
Satisfied	43	44	45	43
Very satisfied	29	26	26	26
my school experience as...				
Very dissatisfied	3	4	5	7
Dissatisfied	6	10	9	10
A little dissatisfied	13	15	16	14
A little satisfied	28	30	29	27
Satisfied	39	33	34	34
Very satisfied	11	9	7	8

Question HS A.167-169/MS A.160-162: Please describe your level of satisfaction below. I would describe my satisfaction with... my family life as... my friendships as... my school experience as...

Note: Cells are empty if there are less than 10 respondents.

Table A7.4
Life Satisfaction Scale Questions – Continued

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
<i>I would describe my satisfaction with...</i>				
myself as...				
Very dissatisfied	8	7	8	9
Dissatisfied	10	13	11	13
A little dissatisfied	14	13	14	12
A little satisfied	20	23	23	24
Satisfied	33	27	31	31
Very satisfied	15	16	13	12
where I live as...				
Very dissatisfied	2	1	1	2
Dissatisfied	2	3	2	3
A little dissatisfied	3	4	5	6
A little satisfied	8	9	9	10
Satisfied	39	36	40	40
Very satisfied	46	48	44	38

Question HS A.170, 171/MS A.163, 164: Please describe your level of satisfaction below. I would describe my satisfaction with... myself as... where I live as...

Note: Cells are empty if there are less than 10 respondents.

Table A7.5***Social Emotional Distress Scale Questions***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Social emotional distress				
<i>Average reporting “Pretty much true” or “Very much true”</i>	27	35	37	38
I had a hard time relaxing.				
Not at all true	29	25	23	22
A little true	40	36	33	33
Pretty much true	20	22	24	23
Very much true	10	17	19	22
I felt sad and down.				
Not at all true	32	27	25	23
A little true	38	34	34	32
Pretty much true	17	22	23	25
Very much true	13	17	17	20
I was easily irritated.				
Not at all true	28	27	25	24
A little true	35	30	30	32
Pretty much true	21	25	24	23
Very much true	16	18	21	21
It was hard for me to cope and I thought I would panic.				
Not at all true	58	50	49	45
A little true	21	21	23	24
Pretty much true	12	18	15	16
Very much true	9	11	14	15
It was hard for me to get excited about anything.				
Not at all true	55	48	44	43
A little true	27	27	29	30
Pretty much true	11	15	15	13
Very much true	8	11	12	14

Question HS A.159-163/MS A.152-156: Over the past 30 days, how true do you feel these statements are about you?... I had a hard time relaxing... I felt sad and down... I was easily irritated... It was hard for me to cope and I thought I would panic... It was hard for me to get excited about anything.

Note: Cells are empty if there are less than 10 respondents.

8. School Violence, Victimization, and Safety

Table A8.1

Perceived Safety at School (In-School Only)

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Very safe	18	20	23	24
Safe	57	54	53	54
Neither safe nor unsafe	22	23	20	18
Unsafe	2	3	2	2
Very unsafe	1	0	1	1

Question HS A.121/MS A.114: How safe do you feel when you are at school?

Note: Cells are empty if there are less than 10 respondents.

Table A8.2***Reasons for Harassment, Past 12 Months***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Race, ethnicity, or national origin				
0 times	93	91	91	91
1 time	4	4	4	5
2 or more times	3	5	5	4
Religion				
0 times	97	96	97	94
1 time	2	2	1	4
2 or more times	1	2	1	2
Gender				
0 times	94	94	96	95
1 time	2	4	2	2
2 or more times	3	3	2	3
Because you are gay, lesbian, or bisexual or someone thought you were				
0 times	93	93	95	95
1 time	3	3	2	3
2 or more times	4	4	3	2
A physical or mental disability				
0 times	96	96	96	96
1 time	2	2	1	2
2 or more times	2	2	2	2
Any of the above five reasons	17	18	16	18

Question HS A.141-145, 148-152/MS A.134-138, 141-145: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin [In-school only]... Your religion [In-school only]... Your gender [In-school only]... Because you are gay, lesbian, or bisexual or someone thought you were [In-school only]... A physical or mental disability [In-school only]... During the past 12 months, how many times did students from your school harass you or bully you for any of the following reasons?... Your race, ethnicity, or national origin [Remote only]... Your religion [Remote only]... Your gender [Remote only]... Because you are gay, lesbian, or bisexual or someone thought you were [Remote only]... A physical or mental disability. [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A8.2***Reasons for Harassment on School Property, Past 12 Months – Continued***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
You are an immigrant or someone thought you were				
0 times	97	97	98	97
1 time	2	2	2	2
2 or more times	1	1	1	2
Any other reason				
0 times	90	90	92	92
1 time	4	4	3	4
2 or more times	6	6	5	5
Any harassment	21	23	19	21

Question HS A.141-154/MS A.134-147: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin [In-school only]... Your religion [In-school only]... Your gender [In-school only]... Because you are gay, lesbian, or bisexual or someone thought you were [In-school only]... A physical or mental disability [In-school only]... You are an immigrant or someone thought you were [In-school only]... Any other reason [In-school only]... During the past 12 months, how many times did students from your school harass you or bully you for any of the following reasons?... Your race, ethnicity, or national origin [Remote only]... Your religion [Remote only]... Your gender [Remote only]... Because you are gay, lesbian, or bisexual or someone thought you were [Remote only]... A physical or mental disability [Remote only]... You are an immigrant or someone thought you were [Remote only]... Any other reason. [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A8.3

School Violence Victimization Scale Questions

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
School violence victimization (<i>In-School Only</i>)				
<i>Average reporting “1 or more times”</i>	14	15	13	12
<i>During the past 12 months, how many times on school property have you...</i>				
been pushed, shoved, slapped, hit, or kicked by someone who wasn’t just kidding around? (<i>In-School Only</i>)				
0 times	93	93	94	95
1 time	4	5	4	4
2 to 3 times	2	2	1	1
4 or more times	2	1	1	1
been afraid of being beaten up? (<i>In-School Only</i>)				
0 times	92	93	95	96
1 time	5	5	2	2
2 to 3 times	2	1	1	1
4 or more times	1	1	1	0
<i>During the past 12 months, how many times have you...</i>				
had mean rumors or lies spread about you?				
0 times	83	81	83	83
1 time	9	10	9	9
2 to 3 times	5	5	5	6
4 or more times	3	4	4	3
had sexual jokes, comments, or gestures made to you?				
0 times	82	80	82	80
1 time	8	8	7	9
2 to 3 times	5	6	5	7
4 or more times	6	6	6	5

Question HS A.122, 123, 125, 126, 133, 137, 138/MS A.115, 116, 118, 119, 130, 131: During the past 12 months, how many times on school property have you... been pushed, shoved, slapped, hit, or kicked by someone who wasn’t just kidding around? [In-school only]... been afraid of being beaten up? [In-school only]... had mean rumors or lies spread about you? [In-school only]... had sexual jokes, comments, or gestures made to you? [In-school only]... During the past 12 months, how many times did students from your school... spread mean rumors or lies spread about you? [Remote only]... make sexual jokes, comments, or gestures toward you? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A8.3

School Violence Victimization Scale Questions – Continued

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
<i>During the past 12 months, how many times on school property have you...</i>				
had your property stolen or deliberately damaged?				
<i>(In-School Only)</i>				
0 times	93	94	94	95
1 time	5	5	4	3
2 to 3 times	0	1	1	1
4 or more times	1	0	1	0
<i>During the past 12 months, how many times have you...</i>				
been made fun of because of your looks or the way you talk?				
0 times	80	79	81	82
1 time	10	10	8	8
2 to 3 times	5	6	6	7
4 or more times	5	5	5	4
been made fun of, insulted, or called names?				
0 times	79	80	82	83
1 time	8	10	8	8
2 to 3 times	7	5	5	4
4 or more times	6	5	6	5
<i>During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?</i>				
0 times (never)	86	84	82	86
1 time	8	7	10	7
2 to 3 times	4	6	5	5
4 or more times	2	3	3	2

Question HS A.127, 128, 136, 139, 140, 155/MS A.120, 121, 129, 132, 133, 148: During the past 12 months, how many times on school property have you... been made fun of because of your looks or the way you talk? [In-school only]... had your property stolen or deliberately damaged, such as your car, clothing, or books? [In-school only]... been made fun of, insulted, or called names? [In-school only]... During the past 12 months, how many times did students from your school... make fun of you because of your looks or the way you talk? [Remote only]... make fun of you, insult you, or call you names? [Remote only]... During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?

Note: Cells are empty if there are less than 10 respondents.

Table A8.4

School Violence Perpetration Scale Questions (In-School Only)

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
School violence perpetration				
<i>Average reporting “1 or more times”</i>	3	3	4	3
<i>During the past 12 months, how many times on school property have you...</i>				
been in a physical fight?				
0 times	97	97	97	98
1 time	2	2	2	1
2 to 3 times	1	1	0	0
4 or more times	0	0	0	0
been offered, sold, or given an illegal drug?				
0 times	92	91	88	91
1 time	5	5	6	4
2 to 3 times	1	2	3	3
4 or more times	1	1	4	3
damaged school property on purpose?				
0 times	98	98	98	99
1 time	1	1	1	1
2 to 3 times	1	1	1	0
4 or more times	0	0	1	0
carried a gun?				
0 times	100	100	100	100
1 time	0	0	0	0
2 to 3 times	0	0	0	0
4 or more times	0	0	0	0
carried any other weapon (such as a knife or club)?				
0 times	99	98	99	99
1 time	1	1	0	0
2 to 3 times	0	0	0	0
4 or more times	0	0	1	1

Question HS A.124, 129-132/MS A.117, 122-125: During the past 12 months, how many times on school property have you... been in a physical fight?... been offered, sold, or given an illegal drug?... damaged school property on purpose?... carried a gun?... carried any other weapon (such as a knife or club)?

Note: Cells are empty if there are less than 10 respondents.

Table A8.5***Threats and Injuries with Weapons at School, Past 12 Months (In-School Only)***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
<i>During the past 12 months, how many times on school property have you...</i>				
been threatened with harm or injury?				
0 times	97	97	97	97
1 time	2	2	2	1
2 to 3 times	1	1	1	1
4 or more times	0	0	0	1
been threatened or injured with a weapon (gun, knife, club, etc.)?				
0 times	99	99	99	99
1 time	1	1	1	1
2 to 3 times	0	0	0	0
4 or more times	0	0	0	0

Question HS A.133, 135/MS A.126, 128: During the past 12 months, how many times on school property have you... been threatened or injured with a weapon (gun, knife, club, etc.)?... been threatened with harm or injury?

Note: Cells are empty if there are less than 10 respondents.

Table A8.6***Weapons Possession on School Property, Past 12 Months (In-School Only)***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
<i>During the past 12 months, how many times on school property have you...</i>				
seen someone carrying a gun, knife, or other weapon?				
0 times	95	95	94	95
1 time	3	4	4	3
2 to 3 times	2	1	1	1
4 or more times	1	0	1	1

Question HS A.134/MS A.127: During the past 12 months, how many times on school property have you... seen someone carrying a gun, knife, or other weapon?

Note: Cells are empty if there are less than 10 respondents.

9. Alcohol and Other Drug Use

Table A9.1

Summary Measures of Level of AOD Use and Perceptions

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %	Table
Lifetime illicit AOD use to get “high” [^]	17	20	33	42	A9.2
Lifetime alcohol or drug use	20	23	35	44	A9.2
Lifetime marijuana use	5	7	16	23	A9.2
Lifetime very drunk or high (7 or more times)	1	3	8	11	A9.7
Current alcohol or drug use [¶]	6	9	18	26	A9.5
Current marijuana use [¶]	2	3	8	11	A9.5
Current heavy drug use [¶]	2	2	5	6	A9.5
Current heavy alcohol use (binge drinking) [¶]	1	3	7	13	A9.5
Current alcohol or drug use on school property ^{¶Φ}	2	2	4	5	A9.8
Harmfulness of occasional marijuana use ^{BΦ}	27	29	27	23	A9.11
Difficulty of obtaining marijuana ^{CΦ}	8	4	5	4	A9.12

Notes: Cells are empty if there are less than 10 respondents.

[^]*Excludes prescription pain medication.*

[¶]*Past 30 days.*

^Φ*In-School only.*

^B*Great harm.*

^C*Very difficult.*

Table A9.2***Summary of AOD Lifetime Use***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Alcohol	12	17	29	38
Marijuana	5	7	16	23
Inhalants	2	2	1	2
Cocaine, methamphetamine, or any amphetamines	0	1	1	2
Ecstasy, LSD, or other psychedelics	1	1	2	4
Prescription pain medication (opioids)	5	6	6	6
Cold/cough medicines or other over-the-counter medicines to get “high”	4	3	4	4
Any other drug, pill, or medicine to get “high”	2	1	3	3
<i>Any of the above AOD use</i>	20	23	35	44
<i>Any illicit AOD use to get “high”[^]</i>	17	20	33	42

Notes: Cells are empty if there are less than 10 respondents.

[^]Excludes prescription pain medication, tranquilizers or sedatives, diet pills, and prescription stimulant.

Table A9.3
Lifetime AOD Use

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Alcohol (one full drink)				
0 times	88	83	71	62
1 time	5	5	6	5
2 to 3 times	4	5	7	8
4 or more times	3	7	16	25
Marijuana (smoke, vape, eat, or drink)				
0 times	95	93	84	77
1 time	1	2	3	3
2 to 3 times	2	2	2	5
4 or more times	2	4	10	15
Inhalants				
0 times	98	98	99	98
1 time	1	1	1	1
2 to 3 times	1	0	0	1
4 or more times	0	1	1	1
Cocaine, methamphetamine, or any amphetamines				
0 times	100	99	99	98
1 time	0	0	0	0
2 to 3 times	0	0	0	1
4 or more times	0	0	0	1
Ecstasy, LSD, or other psychedelics				
0 times	99	99	98	96
1 time	0	1	1	1
2 to 3 times	0	0	0	1
4 or more times	0	0	1	2
Prescription pain medication				
0 times	95	94	94	94
1 time	1	3	3	2
2 to 3 times	1	2	2	1
4 or more times	3	2	2	3

Question HS A.72-75, 77, 78/MS A.73-75: During your life, how many times have you used the following? One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)... Marijuana (smoke, vape, eat, or drink)... Inhalants (things you sniff, huff, or breathe to get “high” such as glue, paint, aerosol sprays, gasoline, poppers, gases)... Cocaine, methamphetamine, or any amphetamines (meth, speed, crystal, crank, ice)... Ecstasy, LSD, or other psychedelics (acid, mescaline, peyote, mushrooms)... Prescription pain medication (Vicodin, OxyContin, Percodan, Fentanyl).

Note: Cells are empty if there are less than 10 respondents.

Table A9.3***Lifetime AOD Use – Continued***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Cold/cough medicines or other over-the-counter medicines to get “high”				
0 times	96	97	96	96
1 time	1	1	2	1
2 to 3 times	0	1	0	1
4 or more times	2	1	2	2
Any other drug, pill, or medicine to get “high” or for reasons other than medical				
0 times	98	99	97	97
1 time	0	1	1	1
2 to 3 times	1	0	1	1
4 or more times	1	1	1	1

Question HS A.79, 80/MS A.77: During your life, how many times have you used the following?... Cold/cough medicines or other over-the-counter medicines to get “high...” Any other drug, pill, or medicine to get “high” or for reasons other than medical.

Note: Cells are empty if there are less than 10 respondents.

Table A9.4
Methods of Marijuana Consumption

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
During your life, how many times have you used marijuana in any of the following ways...				
Smoke it?				
0 times	96	94	89	83
1 time	1	2	2	3
2 to 3 times	1	1	3	4
4 or more times	2	3	7	11
In a vaping device?				
0 times	97	95	87	84
1 time	1	2	3	2
2 to 3 times	1	1	2	3
4 or more times	1	3	8	10
Eat or drink it in products made with marijuana?				
0 times	97	95	90	84
1 time	1	2	4	4
2 to 3 times	1	1	3	4
4 or more times	1	3	4	8

Question HS A.84-86/MS A.81-83: During your life, how many times have you used marijuana in any of the following ways... Smoke it?... In a vaping device (vape pens, mods, portable vaporizers)?... Eat or drink it in products made with marijuana?

Note: Cells are empty if there are less than 10 respondents.

Table A9.5***Current AOD Use, Past 30 Days***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Alcohol (one or more drinks of alcohol)	3	8	15	23
Binge drinking (5 or more drinks in a row)	1	3	7	13
Marijuana (smoke, vape, eat, or drink)	2	3	8	11
Inhalants	1	0	1	0
Prescription drugs to get “high” or for reasons other than prescribed	1	1	1	0
Other drug, pill, or medicine to get “high” or for reasons other than medical	1	0	1	1
<i>Any drug use</i>	3	4	8	11
<i>Heavy drug use</i>	2	2	5	6
<i>Any AOD Use</i>	6	9	18	26
Two or more substances at the same time	1	2	4	5

Question HS A.90-96/MS A.87-91: During the past 30 days, on how many days did you use... one or more drinks of alcohol?... five or more drinks of alcohol in a row, that is, within a couple of hours?... marijuana (smoke, vape, eat, or drink)?... inhalants (things you sniff, huff, or breathe to get “high”)?... prescription drugs to get “high” or for reasons other than prescribed?... any other drug, pill, or medicine to get “high” or for reasons other than medical?... two or more substances at the same time (for example, alcohol with marijuana, ecstasy with mushrooms)?

Notes: Cells are empty if there are less than 10 respondents.

Heavy drug use was calculated based on pattern of combined current drug use on three or more days (marijuana, inhalants, prescription pain medicine to get “high” (high school only), or any other illegal drug/pill to get “high”).

Table A9.6***Frequency of Current AOD Use, Past 30 Days***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Alcohol (one or more drinks)				
0 days	97	92	85	77
1 or 2 days	3	6	10	16
3 to 9 days	1	1	4	5
10 to 19 days	0	0	0	1
20 to 30 days	0	0	0	1
Binge drinking (5 or more drinks in a row)				
0 days	99	97	93	87
1 or 2 days	1	2	4	9
3 to 9 days	0	1	3	3
10 to 19 days	0	0	0	1
20 to 30 days	0	0	0	0
Marijuana (smoke, vape, eat, or drink)				
0 days	98	97	92	89
1 or 2 days	1	2	4	5
3 to 9 days	1	1	3	3
10 to 19 days	0	0	1	1
20 to 30 days	0	0	1	2

Question HS A.90-92/MS A.87-89: During the past 30 days, on how many days did you use... one or more drinks of alcohol?... five or more drinks of alcohol in a row, that is, within a couple of hours?... marijuana (smoke, vape, eat, or drink)?

Note: Cells are empty if there are less than 10 respondents.

Table A9.7***Lifetime Drunk or “High”***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Very drunk or sick after drinking alcohol				
0 times	96	92	86	79
1 to 2 times	3	5	7	10
3 to 6 times	1	2	4	6
7 or more times	0	1	3	5
“High” (loaded, stoned, or wasted) from using drugs				
0 times	95	93	86	80
1 to 2 times	3	2	4	6
3 to 6 times	1	2	3	4
7 or more times	1	3	7	10
<i>Very drunk or “high” 7 or more times</i>	1	3	8	11

Question HS A.81, 82/MS A.78, 79: During your life, how many times have you been... very drunk or sick after drinking alcohol?... “high” (loaded, stoned, or wasted) from using drugs?

Note: Cells are empty if there are less than 10 respondents.

Table A9.8**Current AOD Use on School Property, Past 30 Days (In-School Only)**

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Alcohol				
0 days	100	98	98	97
1 to 2 days	0	2	2	2
3 or more days	0	0	0	1
Marijuana (smoke, vape, eat, or drink)				
0 days	99	99	98	97
1 to 2 days	0	0	1	1
3 or more days	1	0	1	1
Any other drug, pill, or medicine to get “high” or for reasons other than medical				
0 days	100	100	99	99
1 to 2 days	0	0	1	0
3 or more days	0	0	0	0
Any of the above	2	2	4	5

Question HS A.100-102/MS A.95-97: During the past 30 days, on how many days on school property did you... have at least one drink of alcohol?... use marijuana (smoke, vape, eat, or drink)?... use any other drug, pill, or medicine to get “high” or for reasons other than medical?

Note: Cells are empty if there are less than 10 respondents.

Table A9.9**Lifetime Drunk or “High” on School Property**

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
0 times	99	98	95	91
1 to 2 times	1	1	3	5
3 to 6 times	0	0	1	2
7 or more times	0	0	1	3

Question HS A.83/MS A.80: During your life, how many times have you been... drunk on alcohol or “high” on drugs on school property?

Note: Cells are empty if there are less than 10 respondents.

Table A9.10***Cessation Attempts (In-School Only)***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Alcohol				
Does not apply, don't use	97	94	88	83
0 times	3	4	10	13
1 time	1	1	1	2
2 to 3 times	0	0	1	1
4 or more times	0	0	1	1
Marijuana				
Does not apply, don't use	97	96	90	86
0 times	2	2	6	9
1 time	0	1	2	2
2 to 3 times	0	1	1	2
4 or more times	0	0	1	1

Question HS A.118, 119: How many times have you tried to quit or stop using... alcohol?... marijuana?

Note: Cells are empty if there are less than 10 respondents.

Table A9.11***Perceived Harm of AOD Use***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Alcohol - drink occasionally				
Great	18	21	20	19
Moderate	26	28	30	28
Slight	37	33	35	37
None	19	17	15	17
Alcohol - 5 or more drinks once or twice a week				
Great	51	57	56	55
Moderate	30	26	29	31
Slight	6	7	8	7
None	12	9	7	7
Marijuana - use occasionally				
Great	27	29	27	23
Moderate	39	35	31	28
Slight	18	21	28	30
None	16	14	14	18
Marijuana - use daily				
Great	63	63	59	52
Moderate	18	20	23	27
Slight	6	6	9	12
None	13	11	9	8

Question HS A.108-111/MS A.103-106: How much do people risk harming themselves physically and in other ways when they do the following?... Drink alcohol (beer, wine, liquor) occasionally... Have five or more drinks of alcohol once or twice a week... Use marijuana occasionally (smoke, vape, eat, or drink) ... Use marijuana daily.

Note: Cells are empty if there are less than 10 respondents.

Table A9.12***Perceived Difficulty of Obtaining Alcohol, Marijuana, and Prescription Drugs to Get “High”***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Alcohol				
Very difficult	6	4	4	4
Fairly difficult	11	7	7	6
Fairly easy	18	24	24	23
Very easy	16	23	30	36
Don’t know	49	43	34	31
Marijuana				
Very difficult	8	4	5	4
Fairly difficult	13	12	8	6
Fairly easy	14	20	23	25
Very easy	10	15	22	29
Don’t know	56	49	42	37
Prescription drugs to get “high” or for reasons other than prescribed				
Very difficult	9	8	8	6
Fairly difficult	11	15	13	17
Fairly easy	13	14	17	15
Very easy	8	9	11	11
Don’t know	59	54	51	51

Question HS A.114-116/MS A.109-111: How difficult is it for students in your grade to get any of the following if they really want them?... Alcohol... Marijuana... Prescription drugs to get “high” or for reasons other than prescribed.

Note: Cells are empty if there are less than 10 respondents.

10. Tobacco Use

Table A10.1

Summary of Key CHKS Tobacco Indicators

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %	Table
Use Prevalence and Patterns					
Ever smoked a whole cigarette	1	2	5	7	A10.2
Current cigarette smoking [¶]	0	1	2	2	A10.4
Current cigarette smoking at school ^{¶Φ}	0	0	1	0	A10.6
Ever tried smokeless tobacco	1	1	2	3	A10.2
Current smokeless tobacco use [¶]	0	0	0	0	A10.4
Current smokeless tobacco use at school ^{¶Φ}	0	0	0	0	A10.6
Ever used vape products	6	9	15	18	A10.2
Current use of vape products [¶]	2	4	6	8	A10.4
Current tobacco vaping [¶]	1	2	4	5	A10.5
Current marijuana vaping [¶]	1	2	4	5	A10.5
Current vaping at school ^{¶Φ}	1	1	1	2	A10.6
Cessation Attempts					
Tried to quit smoking or vaping tobacco or nicotine ^Φ	1	2	3	4	A10.8
Attitudes and Correlates					
Harmfulness of occasional cigarette smoking ^{BΦ}	27	33	35	35	A10.9
Harmfulness of smoking 1 or more packs/day ^{BΦ}	72	77	80	81	A10.9
Harmfulness of vaping occasionally ^{BΦ}	30	35	36	36	A10.10
Harmfulness of vaping several times a day ^{BΦ}	76	79	81	81	A10.10
Difficulty of obtaining cigarettes ^{CΦ}	7	4	5	6	A10.11
Difficulty of obtaining vape products ^{CΦ}	5	3	4	3	A10.11
Anti-Tobacco Policy					
School bans tobacco use and vaping ^Φ	66	71	78	81	A10.12

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

^ΦIn-School only.

^BGreat harm.

^CVery difficult.

Table A10.2
Lifetime Tobacco Use

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
A whole cigarette				
0 times	99	98	95	93
1 time	1	1	2	3
2 to 3 times	0	1	1	2
4 or more times	0	1	2	3
Smokeless tobacco				
0 times	99	99	98	97
1 time	0	0	0	1
2 to 3 times	0	0	0	1
4 or more times	0	0	1	1
Vape products				
0 times	94	91	85	82
1 time	2	3	3	3
2 to 3 times	2	2	3	3
4 or more times	3	4	9	12

Question HS A.69-71/MS A.69-72: During your life, how many times have you used the following?... A cigarette, even one or two puffs... A whole cigarette... Smokeless tobacco (dip, chew, or snuff)... Vape products.

Note: Cells are empty if there are less than 10 respondents.

Table A10.3
Substances Ever Vaped

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Vaped tobacco or nicotine				
0 times	95	93	88	85
1 time	2	2	2	3
2 to 3 times	1	2	2	3
4 or more times	2	3	7	10
Vaped marijuana or THC				
0 times	97	95	90	86
1 time	1	1	1	2
2 to 3 times	1	1	2	2
4 or more times	1	4	7	10
Vaped other product				
0 times	98	97	97	95
1 time	1	1	0	1
2 to 3 times	1	0	0	1
4 or more times	1	1	2	3

Question HS A.71A-71C/MS A.72A-72C: During your life, how many times have you used the following?... Vaped tobacco or nicotine... Vaped marijuana or THC... Vaped other product.

Note: Cells are empty if there are less than 10 respondents.

Table A10.4***Any Current Use and Daily Use***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Cigarettes				
Any	0	1	2	2
Daily (20 or more days)	0	0	0	0
Smokeless tobacco				
Any	0	0	0	0
Daily (20 or more days)	0	0	0	0
Vape products				
Any	2	4	6	8
Daily (20 or more days)	0	0	1	2

Question HS A.87-89/MS A.84-86: During the past 30 days, on how many days did you use... cigarettes?... smokeless tobacco (dip, chew, or snuff)?... vape products?

Note: Cells are empty if there are less than 10 respondents.

Table A10.5***Substances Vaped, Past 30 Days***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Vaped tobacco or nicotine?				
0 days	99	98	96	95
1 or 2 days	1	2	1	2
3 to 9 days	1	1	2	1
10 to 19 days	0	0	0	1
20 to 30 days	0	0	1	1
Vaped marijuana or THC?				
0 days	99	98	96	95
1 or 2 days	1	1	2	2
3 to 9 days	0	1	2	2
10 to 19 days	0	0	1	1
20 to 30 days	0	0	0	1
Vaped other product?				
0 days	99	99	98	99
1 or 2 days	0	1	1	1
3 to 9 days	0	0	0	0
10 to 19 days	0	0	0	0
20 to 30 days	0	0	0	0

*Question HS A.89A-89C/MS A.86A-86C: During the past 30 days, on how many days did you use vape products?...
Vaped tobacco or nicotine... Vaped marijuana or THC... Vaped other product?*

Note: Cells are empty if there are less than 10 respondents.

Table A10.6**Current Smoking on School Property, Past 30 Days (In-School Only)**

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Cigarettes				
0 days	100	100	99	100
1 or 2 days	0	0	0	0
3 to 9 days	0	0	0	0
10 to 19 days	0	0	0	0
20 to 30 days	0	0	0	0
Smokeless tobacco				
0 days	100	100	100	100
1 or 2 days	0	0	0	0
3 to 9 days	0	0	0	0
10 to 19 days	0	0	0	0
20 to 30 days	0	0	0	0
Vape				
0 days	99	99	99	98
1 or 2 days	1	1	1	1
3 to 9 days	1	0	0	1
10 to 19 days	0	0	0	1
20 to 30 days	0	0	0	0

Question HS A.97-99/MS A.92-94: During the past 30 days, on how many days on school property did you... smoke cigarettes?... use smokeless tobacco (dip, chew, or snuff)?... vape?

Note: Cells are empty if there are less than 10 respondents.

Table A10.7***Secondhand Smoke on School Property, Past 30 days (In-School Only)***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Breathed the smoke or vapor from someone who was using cigarettes or e-cigarettes				
0 days	97	95	96	94
1 day	2	3	2	3
2 days	1	1	1	1
3-9 days	0	0	1	1
10-19 days	0	0	0	0
20-30 days	0	0	0	0

Question HS A.103/MS A.98: During the past 30 days, on how many days on school property did you... breathe the smoke or vapor from someone who was using cigarettes or e-cigarettes?

Note: Cells are empty if there are less than 10 respondents.

Table A10.8***Cigarette Smoking and Vaping Cessation Attempts (In-School Only)***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Does not apply, don't use	97	97	94	93
0 times	1	2	4	4
1 time	1	1	1	2
2 to 3 times	0	1	1	1
4 or more times	0	0	1	0

Question HS A.117: How many times have you tried to quit or stop using... smoking or vaping tobacco or nicotine?

Note: Cells are empty if there are less than 10 respondents.

Table A10.9***Perceived Harm of Cigarette Smoking***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Smoke cigarettes occasionally				
Great	27	33	35	35
Moderate	41	40	41	38
Slight	19	16	17	18
None	13	11	8	9
Smoke 1 or more packs of cigarettes each day				
Great	72	77	80	81
Moderate	13	10	10	8
Slight	3	2	3	2
None	12	10	7	8

Question HS A.104, 105/MS A.99, 100: How much do people risk harming themselves physically and in other ways when they do the following?... Smoke cigarettes occasionally... Smoke 1 or more packs of cigarettes each day.

Note: Cells are empty if there are less than 10 respondents.

Table A10.10***Perceived Harm of Using Vape Products***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Vape tobacco or nicotine occasionally				
Great	30	35	36	36
Moderate	45	41	41	40
Slight	13	14	16	16
None	12	10	7	8
Vape tobacco or nicotine several times a day (100 puffs or more)				
Great	76	79	81	81
Moderate	10	9	10	9
Slight	3	2	2	2
None	11	10	7	8

Question HS A.106, 107/MS A.101, 102: How much do people risk harming themselves physically and in other ways when they do the following?... Vape tobacco or nicotine occasionally... Vape tobacco or nicotine several times a day (100 puffs or more).

Note: Cells are empty if there are less than 10 respondents.

Table A10.11***Perceived Difficulty of Obtaining Cigarettes and Vape Products***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Cigarettes				
Very difficult	7	4	5	6
Fairly difficult	11	11	12	11
Fairly easy	19	22	24	22
Very easy	8	12	13	17
Don't know	55	50	46	44
Vape products				
Very difficult	5	3	4	3
Fairly difficult	7	5	5	4
Fairly easy	20	26	22	24
Very easy	18	25	33	35
Don't know	49	41	36	34

Question HS A.112, 113/MS A.107, 108: How difficult is it for students in your grade to get any of the following if they really want them?... Cigarettes... Vape products.

Note: Cells are empty if there are less than 10 respondents.

Table A10.12***School Bans Tobacco Use and Vaping (In-School Only)***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
No	2	3	3	2
Yes	66	71	78	81
Don't know	32	26	19	17

Question HS A.120/MS A.112: Does your school ban tobacco use and vaping on school property and at school sponsored events?

Note: Cells are empty if there are less than 10 respondents.

11. Other Health Risks

Table A11.1

Gang Involvement (In-School Only)

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
No	99	99	99	98
Yes	1	1	1	2

Question HS A.156/MS A.149: Do you consider yourself a member of a gang?

Note: Cells are empty if there are less than 10 respondents.

12. Race/Ethnic Breakdowns

Table A12.1

School Engagement and Supports by Race/Ethnicity

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
School Connectedness^{†#} (<i>In-School Only</i>)				
American Indian or Alaska Native				
Asian or Asian American	69	67	72	66
Black or African American	62	63		62
Hispanic or Latinx	60	58	54	53
Native Hawaiian or Pacific Islander				
White	73	73	69	72
Mixed (two or more) ethnics	64	65	66	62
Something else	64	60	44	56
School Connectedness^{†ψ} (<i>Remote Only</i>)				
American Indian or Alaska Native				
Asian or Asian American				
Black or African American				
Hispanic or Latinx				
Native Hawaiian or Pacific Islander				
White				
Mixed (two or more) ethnics				
Something else				
Academic Motivation[†]				
American Indian or Alaska Native				
Asian or Asian American	71	67	74	68
Black or African American	45	58		68
Hispanic or Latinx	66	68	61	61
Native Hawaiian or Pacific Islander				
White	68	71	64	67
Mixed (two or more) ethnics	68	71	70	59
Something else	62	63	57	58

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting “Agree” or “Strongly agree.”*

[#]*The scale was based on five survey questions for in-school respondents.*

^ψ*The scale was based on four questions for remote respondents.*

Table A12.1***School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
School is really boring[±]				
American Indian or Alaska Native				
Asian or Asian American	48	48	46	50
Black or African American	45	58		64
Hispanic or Latinx	53	57	58	50
Native Hawaiian or Pacific Islander				
White	49	52	56	46
Mixed (two or more) ethnics	49	51	48	63
Something else	44	55	79	60
School is worthless and a waste of time[±]				
American Indian or Alaska Native				
Asian or Asian American	9	14	13	15
Black or African American	18	17		9
Hispanic or Latinx	17	18	18	19
Native Hawaiian or Pacific Islander				
White	11	14	17	10
Mixed (two or more) ethnics	16	8	15	22
Something else	15	24	32	30
Monthly Absences (3 or more)				
American Indian or Alaska Native				
Asian or Asian American	5	7	6	11
Black or African American	18	17		18
Hispanic or Latinx	12	13	22	17
Native Hawaiian or Pacific Islander				
White	6	11	10	12
Mixed (two or more) ethnics	10	7	6	17
Something else	17	14	21	9

Notes: Cells are empty if there are less than 10 respondents.

[±]*Rating of 6 or higher.*

Table A12.1***School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Maintaining focus on schoolwork[†]				
American Indian or Alaska Native				
Asian or Asian American	41	36	29	30
Black or African American	40	25		9
Hispanic or Latinx	25	27	25	18
Native Hawaiian or Pacific Islander				
White	42	30	31	25
Mixed (two or more) ethnics	32	33	22	18
Something else	33	17	26	10
Caring adults in school[‡]				
American Indian or Alaska Native				
Asian or Asian American	59	55	65	69
Black or African American	73	67		76
Hispanic or Latinx	56	57	59	61
Native Hawaiian or Pacific Islander				
White	64	67	68	72
Mixed (two or more) ethnics	58	57	60	62
Something else	59	62	49	73
High expectations-adults in school[‡]				
American Indian or Alaska Native				
Asian or Asian American	73	67	77	76
Black or African American	85	67		85
Hispanic or Latinx	73	71	71	73
Native Hawaiian or Pacific Islander				
White	79	80	78	78
Mixed (two or more) ethnics	69	70	72	72
Something else	77	75	72	83

Notes: Cells are empty if there are less than 10 respondents.

[†]Average percent of respondents reporting “Agree” or “Strongly agree.”

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true.”

Table A12.1***School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Meaningful participation at school[‡]				
American Indian or Alaska Native				
Asian or Asian American	32	25	29	31
Black or African American	20	27		33
Hispanic or Latinx	19	18	21	20
Native Hawaiian or Pacific Islander				
White	32	27	31	32
Mixed (two or more) ethnics	26	26	26	28
Something else	32	34	15	30
Facilities upkeep[†] (<i>In-School Only</i>)				
American Indian or Alaska Native				
Asian or Asian American	61	62	69	55
Black or African American	40	58		55
Hispanic or Latinx	55	58	55	58
Native Hawaiian or Pacific Islander				
White	69	64	65	73
Mixed (two or more) ethnics	55	62	53	65
Something else	67	52	58	40
Promotion of parental involvement in School[†]				
American Indian or Alaska Native				
Asian or Asian American	50	43	53	41
Black or African American	27	53		52
Hispanic or Latinx	54	50	48	44
Native Hawaiian or Pacific Islander				
White	53	50	47	45
Mixed (two or more) ethnics	44	45	46	42
Something else	49	52	42	53

Notes: Cells are empty if there are less than 10 respondents.

[†]Average percent of respondents reporting “Agree” or “Strongly agree.”

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true.”

Table A12.2***School Safety by Race/Ethnicity***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
School perceived as very safe or safe (<i>In-School Only</i>)				
American Indian or Alaska Native				
Asian or Asian American	79	76	86	84
Black or African American	80	58		90
Hispanic or Latinx	65	63	65	66
Native Hawaiian or Pacific Islander				
White	81	79	82	86
Mixed (two or more) ethnics	73	75	70	73
Something else	73	69	68	
Experienced harassment due to five reasons^{λ§}				
American Indian or Alaska Native				
Asian or Asian American	12	12	15	18
Black or African American		18		
Hispanic or Latinx	21	19	14	12
Native Hawaiian or Pacific Islander				
White	17	20	16	22
Mixed (two or more) ethnics	17	27	20	17
Something else	18	21	37	
Experienced any harassment or bullying[§]				
American Indian or Alaska Native				
Asian or Asian American	16	15	17	22
Black or African American		18		
Hispanic or Latinx	25	23	16	14
Native Hawaiian or Pacific Islander				
White	22	25	20	26
Mixed (two or more) ethnics	21	37	23	21
Something else	22	24	42	

Notes: Cells are empty if there are less than 10 respondents.

^λThe five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

[§]Past 12 months.

Table A12.2
School Safety by Race/Ethnicity – Continued

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Had mean rumors or lies spread about you[§]				
American Indian or Alaska Native				
Asian or Asian American	10	17	11	12
Black or African American	20	18		
Hispanic or Latinx	25	16	18	16
Native Hawaiian or Pacific Islander				
White	17	20	19	22
Mixed (two or more) ethnics	16	25	19	19
Something else	19	31	32	
Been afraid of being beaten up[§] (<i>In-School Only</i>)				
American Indian or Alaska Native				
Asian or Asian American	5	5	4	4
Black or African American		8		
Hispanic or Latinx	10	8	4	5
Native Hawaiian or Pacific Islander				
White	7	6	4	2
Mixed (two or more) ethnics	12	7	4	7
Something else	6	24	26	
Been in a physical fight[§] (<i>In-School Only</i>)				
American Indian or Alaska Native				
Asian or Asian American	2	1	1	1
Black or African American		8		
Hispanic or Latinx	5	5	5	3
Native Hawaiian or Pacific Islander				
White	2	2	2	2
Mixed (two or more) ethnics	2	3	2	1
Something else	4	4	11	

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A12.2***School Safety by Race/Ethnicity – Continued***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Seen a weapon on campus[§] (<i>In-School Only</i>)				
American Indian or Alaska Native				
Asian or Asian American	5	2	5	3
Black or African American		8		
Hispanic or Latinx	11	4	5	6
Native Hawaiian or Pacific Islander				
White	3	4	7	6
Mixed (two or more) ethnics	2	12	6	2
Something else	4	10	16	

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A12.3***Cyberbullying by Race/Ethnicity***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Cyberbullying[§]				
American Indian or Alaska Native				
Asian or Asian American	7	13	11	10
Black or African American		10		
Hispanic or Latinx	19	15	18	13
Native Hawaiian or Pacific Islander				
White	16	17	21	16
Mixed (two or more) ethnics	14	20	20	18
Something else	20	28	32	

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A12.4***Substance Use by Race/Ethnicity***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Current alcohol or drug use[¶]				
American Indian or Alaska Native				
Asian or Asian American	2	6	10	18
Black or African American	0	8		0
Hispanic or Latinx	11	12	16	20
Native Hawaiian or Pacific Islander				
White	6	10	25	37
Mixed (two or more) ethnics	6	7	22	32
Something else	8	14	22	
Current marijuana use[¶]				
American Indian or Alaska Native				
Asian or Asian American	0	2	3	6
Black or African American	0	8		0
Hispanic or Latinx	5	4	9	11
Native Hawaiian or Pacific Islander				
White	2	5	10	12
Mixed (two or more) ethnics	2	1	10	18
Something else	2	3	22	
Current binge drinking[¶]				
American Indian or Alaska Native				
Asian or Asian American	0	2	3	8
Black or African American	0	0		0
Hispanic or Latinx	2	3	5	8
Native Hawaiian or Pacific Islander				
White	1	4	11	20
Mixed (two or more) ethnics	3	2	10	17
Something else	0	7	11	

Notes: Cells are empty if there are less than 10 respondents.

[¶]*Past 30 days.*

Table A12.4***Substance Use by Race/Ethnicity – Continued***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Very drunk or “high” 7 or more times, ever				
American Indian or Alaska Native				
Asian or Asian American	0	1	3	5
Black or African American	0	8		0
Hispanic or Latinx	4	3	9	10
Native Hawaiian or Pacific Islander				
White	0	4	9	17
Mixed (two or more) ethnics	1	2	12	12
Something else	0	3	17	
Been drunk or “high” on drugs at school, ever				
American Indian or Alaska Native				
Asian or Asian American	0	1	3	5
Black or African American	0	8		0
Hispanic or Latinx	3	3	7	9
Native Hawaiian or Pacific Islander				
White	1	3	6	14
Mixed (two or more) ethnics	1	1	3	11
Something else	0	0	17	
Current alcohol use[¶]				
American Indian or Alaska Native				
Asian or Asian American	2	5	10	16
Black or African American	0	0		0
Hispanic or Latinx	4	10	13	14
Native Hawaiian or Pacific Islander				
White	4	8	21	34
Mixed (two or more) ethnics	5	6	20	30
Something else	4	14	11	

Notes: Cells are empty if there are less than 10 respondents.

[¶]*Past 30 days.*

Table A12.4***Substance Use by Race/Ethnicity – Continued***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Current alcohol use at school[¶] (<i>In-School Only</i>)				
American Indian or Alaska Native				
Asian or Asian American	1	2	1	0
Black or African American		0		0
Hispanic or Latinx	0	3	4	4
Native Hawaiian or Pacific Islander				
White	0	1	3	5
Mixed (two or more) ethnics	0	3	4	2
Something else	0	0	0	
Current cigarette smoking[¶]				
American Indian or Alaska Native				
Asian or Asian American	0	0	0	0
Black or African American	0	0		0
Hispanic or Latinx	0	2	1	1
Native Hawaiian or Pacific Islander				
White	0	0	3	4
Mixed (two or more) ethnics	0	1	1	4
Something else	0	0	0	
Current vaping[¶]				
American Indian or Alaska Native				
Asian or Asian American	0	1	3	1
Black or African American	0	0		0
Hispanic or Latinx	5	6	7	9
Native Hawaiian or Pacific Islander				
White	2	5	10	12
Mixed (two or more) ethnics	1	1	8	12
Something else	2	7	0	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A12.4***Substance Use by Race/Ethnicity – Continued***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Current tobacco vaping[¶]				
American Indian or Alaska Native				
Asian or Asian American	0	1	2	1
Black or African American	0	0		0
Hispanic or Latinx	3	4	4	5
Native Hawaiian or Pacific Islander				
White	1	3	7	9
Mixed (two or more) ethnics	1	0	6	10
Something else	0	3	0	
Current marijuana vaping[¶]				
American Indian or Alaska Native				
Asian or Asian American	0	1	1	0
Black or African American	0	0		0
Hispanic or Latinx	4	3	5	7
Native Hawaiian or Pacific Islander				
White	0	3	6	6
Mixed (two or more) ethnics	1	0	7	10
Something else	0	3	0	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A12.5***Routines by Race/Ethnicity***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Eating of breakfast				
American Indian or Alaska Native				
Asian or Asian American	74	77	67	67
Black or African American	45	50		45
Hispanic or Latinx	50	51	51	46
Native Hawaiian or Pacific Islander				
White	73	71	69	66
Mixed (two or more) ethnics	70	68	66	61
Something else	69	55	42	64
Bedtime (at 12 am or later)				
American Indian or Alaska Native				
Asian or Asian American	29	39	56	64
Black or African American	27	33		64
Hispanic or Latinx	24	30	36	38
Native Hawaiian or Pacific Islander				
White	18	33	43	47
Mixed (two or more) ethnics	25	32	53	51
Something else	19	52	58	55

Notes: Cells are empty if there are less than 10 respondents.

[|]Today.

Table A12.6***Learning from Home by Race/Ethnicity (Remote Only)***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Average days worked on schoolwork (5 or more)[¶]				
American Indian or Alaska Native				
Asian or Asian American				
Black or African American				
Hispanic or Latinx				
Native Hawaiian or Pacific Islander				
White				
Mixed (two or more) ethnics				
Something else				
Synchronous instruction (4 days or more)[¶]				
American Indian or Alaska Native				
Asian or Asian American				
Black or African American				
Hispanic or Latinx				
Native Hawaiian or Pacific Islander				
White				
Mixed (two or more) ethnics				
Something else				
Interest in schoolwork done from home				
American Indian or Alaska Native				
Asian or Asian American				
Black or African American				
Hispanic or Latinx				
Native Hawaiian or Pacific Islander				
White				
Mixed (two or more) ethnics				
Something else				

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

^{||}Past 7 days.

Table A12.6***Learning from Home by Race/Ethnicity – Continued (Remote Only)***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Meaningful opportunities[‡]				
American Indian or Alaska Native				
Asian or Asian American				
Black or African American				
Hispanic or Latinx				
Native Hawaiian or Pacific Islander				
White				
Mixed (two or more) ethnics				
Something else				

Notes: Cells are empty if there are less than 10 respondents.

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true.”

Table A12.7
Social and Emotional Health by Race/Ethnicity

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Social emotional distress[‡]				
American Indian or Alaska Native				
Asian or Asian American	24	32	38	38
Black or African American		27		
Hispanic or Latinx	30	34	36	39
Native Hawaiian or Pacific Islander				
White	27	37	35	39
Mixed (two or more) ethnics	33	39	39	38
Something else	23	38	50	
Experienced chronic sadness/hopelessness[§]				
American Indian or Alaska Native				
Asian or Asian American	21	30	34	36
Black or African American	20	18		
Hispanic or Latinx	40	36	39	44
Native Hawaiian or Pacific Islander				
White	27	35	34	41
Mixed (two or more) ethnics	30	42	44	39
Something else	27	38	44	
Considered suicide[§]				
American Indian or Alaska Native				
Asian or Asian American	18	15	20	18
Black or African American	18	9		
Hispanic or Latinx	18	11	16	13
Native Hawaiian or Pacific Islander				
White	17	17	17	17
Mixed (two or more) ethnics	21	19	30	19
Something else	12	24	11	

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Average percent of respondents reporting “Pretty much true” or “Very much true.”*

[§]*Past 12 months.*

Table A12.7***Social and Emotional Health by Race/Ethnicity – Continued***

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Optimism[‡]				
American Indian or Alaska Native				
Asian or Asian American	48	42	35	36
Black or African American	50	42		
Hispanic or Latinx	41	38	37	36
Native Hawaiian or Pacific Islander				
White	48	42	37	42
Mixed (two or more) ethnics	42	40	38	41
Something else	51	39	19	
Life satisfaction[±]				
American Indian or Alaska Native				
Asian or Asian American	66	62	62	61
Black or African American		58		
Hispanic or Latinx	60	61	63	57
Native Hawaiian or Pacific Islander				
White	70	65	63	62
Mixed (two or more) ethnics	64	56	58	59
Something else	62	59	49	

Notes: Cells are empty if there are less than 10 respondents.

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true.”

[±]Average percent of respondents reporting “Satisfied” or “Very satisfied.”

13. Gender Breakdowns

Table A13.1

School Engagement and Supports by Gender

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
School Connectedness^{†#} (<i>In-School Only</i>)				
Male	73	71	69	66
Female	64	64	61	64
Nonbinary	49	45	52	43
Something else	40	43		48
School Connectedness^{†ψ} (<i>Remote Only</i>)				
Male				
Female				
Nonbinary				
Something else				
Academic Motivation[†]				
Male	68	69	65	59
Female	69	69	69	71
Nonbinary	59	56	63	60
Something else	50	56		52
School is really boring[±]				
Male	49	52	54	55
Female	48	50	51	45
Nonbinary	63	64	53	54
Something else	64	83		55
School is worthless and a waste of time[±]				
Male	14	14	19	19
Female	11	16	14	11
Nonbinary	16	15	12	29
Something else	18	25		9

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting “Agree” or “Strongly agree.”*

[#]*The scale was based on five survey questions for in-school respondents.*

^ψ*The scale was based on four questions for remote respondents.*

Table A13.1
School Engagement and Supports by Gender – Continued

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Monthly Absences (3 or more)				
Male	8	8	11	12
Female	7	12	13	14
Nonbinary	13	15	18	12
Something else	21	4		27
Maintaining focus on schoolwork[†]				
Male	41	37	29	25
Female	33	27	27	23
Nonbinary	18	21	6	8
Something else	18	8		0
Caring adults in school[‡]				
Male	64	63	64	67
Female	57	57	64	69
Nonbinary	52	55	65	69
Something else	46	52		40
High expectations-adults in school[‡]				
Male	77	75	74	75
Female	74	71	77	77
Nonbinary	65	64	76	75
Something else	67	65		57
Meaningful participation at school[‡]				
Male	30	28	27	28
Female	26	22	27	29
Nonbinary	21	11	20	23
Something else	21	21		20

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting “Agree” or “Strongly agree.”*

[‡]*Average percent of respondents reporting “Pretty much true” or “Very much true.”*

Table A13.1
School Engagement and Supports by Gender – Continued

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Facilities upkeep[†] (<i>In-School Only</i>)				
Male	63	60	62	58
Female	61	62	63	67
Nonbinary	55	67	41	63
Something else	46	63		60
Promotion of parental involvement in School[‡]				
Male	53	54	51	46
Female	49	44	47	41
Nonbinary	39	22	39	25
Something else	52	31		43

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting “Agree” or “Strongly agree.”*

[‡]*Average percent of respondents reporting “Pretty much true” or “Very much true.”*

Table A13.2
School Safety by Gender

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
School perceived as very safe or safe (<i>In-School Only</i>)				
Male	80	80	82	83
Female	72	70	73	77
Nonbinary	57	53	41	61
Something else	56	48		36
Experienced harassment due to five reasons[^]				
Male	11	15	15	17
Female	19	19	16	18
Nonbinary	49	38	59	30
Something else	48	50		20
Experienced any harassment or bullying[§]				
Male	16	20	18	20
Female	22	22	18	22
Nonbinary	49	38	59	30
Something else	60	59		30
Had mean rumors or lies spread about you[§]				
Male	12	16	15	15
Female	22	22	18	20
Nonbinary	22	13	53	23
Something else	27	22		20
Been afraid of being beaten up[§] (<i>In-School Only</i>)				
Male	6	7	5	5
Female	8	5	3	2
Nonbinary	19	22	35	4
Something else	21	17		10

Notes: Cells are empty if there are less than 10 respondents.

[^]The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

[§]Past 12 months.

Table A13.2
School Safety by Gender – Continued

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Been in a physical fight[§] (<i>In-School Only</i>)				
Male	4	4	4	3
Female	1	2	1	1
Nonbinary	0	0	6	4
Something else	4	0		0
Seen a weapon on campus[§] (<i>In-School Only</i>)				
Male	7	5	6	4
Female	4	4	7	5
Nonbinary	8	6	6	4
Something else	8	0		0

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A13.3
Cyberbullying by Gender

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Cyberbullying[§]				
Male	10	14	16	11
Female	18	18	18	16
Nonbinary	24	13	41	13
Something else	8	27		0

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A13.4
Substance Use by Gender

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Current alcohol or drug use[¶]				
Male	5	9	15	24
Female	6	9	21	29
Nonbinary	5	9	29	26
Something else	15	4		18
Current marijuana use[¶]				
Male	2	4	7	11
Female	3	3	8	11
Nonbinary	0	3	18	14
Something else	4	0		18
Current binge drinking[¶]				
Male	1	3	7	12
Female	1	4	8	14
Nonbinary	0	3	6	4
Something else	0	0		20
Very drunk or “high” 7 or more times, ever				
Male	1	3	7	12
Female	1	2	8	10
Nonbinary	3	6	24	13
Something else	0	0		18
Been drunk or “high” on drugs at school, ever				
Male	1	2	4	9
Female	1	2	6	9
Nonbinary	3	3	18	9
Something else	7	0		18
Current alcohol use[¶]				
Male	3	7	13	20
Female	4	9	19	26
Nonbinary	3	3	18	13
Something else	7	4		20

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A13.4
Substance Use by Gender – Continued

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Current alcohol use at school[¶] (<i>In-School Only</i>)				
Male	0	1	2	2
Female	1	3	2	3
Nonbinary	0	0	12	4
Something else	0	4		10
Current cigarette smoking[¶]				
Male	0	1	1	2
Female	0	0	2	2
Nonbinary	0	0	12	4
Something else	0	0		18
Current vaping[¶]				
Male	2	4	5	7
Female	3	4	8	9
Nonbinary	0	0	24	4
Something else	7	0		18
Current tobacco vaping[¶]				
Male	1	3	3	4
Female	2	3	5	7
Nonbinary	0	0	18	4
Something else	4	0		18
Current marijuana vaping[¶]				
Male	1	2	4	5
Female	2	2	4	5
Nonbinary	0	0	24	4
Something else	0	0		10

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A13.5
Routines by Gender

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Eating of breakfast[†]				
Male	71	71	62	65
Female	63	65	63	57
Nonbinary	63	59	59	56
Something else	64	50		27
Bedtime (at 12 am or later)				
Male	19	30	45	52
Female	26	37	46	47
Nonbinary	37	38	53	60
Something else	34	54		64

Notes: Cells are empty if there are less than 10 respondents.

Aerobic physical fitness standards—at least 150 minutes of moderate-intensity or 75 minutes of vigorous-intensity physical activity per week.

[†]*Today.*

[‡]*Past 7 days.*

Table A13.6
Learning from Home by Gender (Remote Only)

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Average days worked on schoolwork (5 or more)[¶]				
Male				
Female				
Nonbinary				
Something else				
Synchronous instruction (4 days or more)[¶]				
Male				
Female				
Nonbinary				
Something else				
Interest in schoolwork done from home				
Male				
Female				
Nonbinary				
Something else				
Meaningful opportunities[‡]				
Male				
Female				
Nonbinary				
Something else				

Notes: Cells are empty if there are less than 10 respondents.

[¶]*Past 30 days.*

[¶]*Past 7 days.*

[‡]*Average percent of respondents reporting “Pretty much true” or “Very much true.”*

Table A13.7
Social and Emotional Health by Gender

	Grade 9 %	Grade 10 %	Grade 11 %	Grade 12 %
Social emotional distress[‡]				
Male	16	22	27	27
Female	35	43	47	47
Nonbinary	68	69	60	60
Something else	58	82		62
Experienced chronic sadness/hopelessness[§]				
Male	16	20	28	28
Female	36	43	44	50
Nonbinary	76	78	82	70
Something else	77	78		55
Considered suicide[§]				
Male	10	7	14	13
Female	21	19	22	18
Nonbinary	62	47	71	39
Something else	65	48		36
Optimism[‡]				
Male	55	50	42	44
Female	38	34	31	35
Nonbinary	17	18	29	27
Something else	20	12		27
Life satisfaction[‡]				
Male	72	69	66	63
Female	61	57	59	58
Nonbinary	38	43	45	35
Something else	40	35		49

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Average percent of respondents reporting “Pretty much true” or “Very much true.”*

[§]*Past 12 months.*

[‡]*Average percent of respondents reporting “Satisfied” or “Very satisfied.”*

Z. Mountain View-Los Altos Union High Custom Questions

1. Module Sample

Table Z1.1

Student Sample for Custom Questions

	Grade 9	Grade 10	Grade 11	Grade 12
<i>Student Sample Size</i>				
Target sample	1,090	1,086	1,122	1,130
Final number	998	901	870	784
Response Rate	92%	83%	78%	69%

2. Custom Questions

Table Z2.1

How old were you when you had your first drink of alcohol other than a few sips?

	Grade				Total %
	9th %	10th %	11th %	12th %	
I have never had a drink of alcohol other than a few sips	84	79	63	55	71
8 years old or younger	2	1	2	2	2
9 or 10 years old	2	2	1	1	1
11 or 12 years old	5	3	3	4	4
13 or 14 years old	7	8	11	10	9
15 or 16 years old	0	7	19	21	11
17 years old or older	0	0	0	7	2

Question HS/MS Z.1.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.2

How old were you when you tried marijuana for the first time?

	Grade				Total %
	9th %	10th %	11th %	12th %	
I have never tried marijuana	94	92	81	74	86
8 years old or younger	0	0	0	0	0
9 or 10 years old	0	0	0	0	0
11 or 12 years old	2	1	2	1	1
13 or 14 years old	3	3	6	8	5
15 or 16 years old	0	3	10	12	6
17 years old or older	0	0	0	5	1

Question HS/MS Z.2.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.3***During the past 12 months, how many times have you been in a physical fight?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
0 times	92	93	93	94	93
1 time	6	4	4	3	4
2 or 3 times	1	2	2	2	2
4 or more times	1	1	1	1	1

*Question HS/MS Z.3.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.4*****During the past 12 months, how many times have you been in a physical fight in which you were injured and had to be treated by a doctor or nurse?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
0 times	99	99	99	99	99
1 time	1	1	1	1	1
2 or 3 times	0	0	0	0	0
4 or more times	0	0	0	0	0

*Question HS/MS Z.4.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.5*****During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
Never (0 times)	95	93	93	89	93
1 time	3	3	3	5	4
2 or 3 times	1	2	2	4	2
4 or 5 times	0	0	1	0	0
6 or more times	1	2	1	1	1

*Question HS/MS Z.5.**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.6

During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

	Grade				Total %
	9th %	10th %	11th %	12th %	
Never (0 times)	100	100	99	97	99
1 time	0	0	1	2	1
2 or 3 times	0	0	0	1	0
4 or 5 times	0	0	0	0	0
6 or more times	0	0	0	0	0

Question HS/MS Z.6.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.7

If you bought cigarettes in a store during the past 30 days, were you ever asked to show proof of your age?

	Grade				Total %
	9th %	10th %	11th %	12th %	
I never bought cigarettes	98	98	97	96	98
No	2	2	3	3	2
Yes	0	0	0	1	0

Question HS Z.7./MS Z.6

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.8

During the past 12 months, did you ever seriously consider attempting suicide?

	Grade				Total %
	9th %	10th %	11th %	12th %	
No	83	84	82	85	84
Yes	17	16	18	15	16

Question HS Z.8./MS Z.7

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.9***During the past 12 months, did you make a plan about how you would attempt suicide?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
No	87	90	89	91	89
Yes	13	10	11	9	11

*Question HS Z.9./MS Z.8**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.10*****During the past 12 months, how many times did you actually attempt suicide?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
0 times	94	96	95	97	95
1 time	3	3	3	2	3
2 or 3 times	2	1	2	1	1
4 or more times	1	0	1	0	0

*Question HS Z.10./MS Z.9**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.11*****If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
I did not attempt suicide in the past 12 months	92	94	92	93	93
No	7	6	6	6	7
Yes	1	0	1	1	1

*Question HS Z.11**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.12***Which of the following are you trying to do about your weight?***

	Grade				Total
	9th %	10th %	11th %	12th %	
Lose weight	41	37	38	39	39
Gain weight	16	21	18	20	18
Stay the same weight	14	13	14	15	14
I am not trying to do anything about my weight	29	30	30	26	29

*Question HS Z.12./MS Z.10**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.13*****During the past 30 days, did you exercise to lose weight or to keep from gaining weight?***

	Grade				Total
	9th %	10th %	11th %	12th %	
No	29	32	36	39	34
Yes	71	68	64	61	66

*Question HS Z.13./MS Z.11**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.14*****During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?***

	Grade				Total
	9th %	10th %	11th %	12th %	
No	58	60	56	60	59
Yes	42	40	44	40	41

*Question HS Z.14./MS Z.12**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.15

During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice (Do not include meal replacement products, such as Slim Fast.) to lose weight or to keep from gaining weight?

	Grade				Total %
	9th %	10th %	11th %	12th %	
No	97	97	97	97	97
Yes	3	3	3	3	3

Question HS Z.15./MS Z.13

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.16

During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Grade				Total %
	9th %	10th %	11th %	12th %	
No	96	97	96	96	96
Yes	4	3	4	4	4

Question HS Z.16./MS Z.14

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.17

How do you describe your weight?

	Grade				Total %
	9th %	10th %	11th %	12th %	
Very underweight	4	3	2	4	3
Slightly underweight	22	22	17	17	20
About the right weight	49	53	57	55	53
Slightly overweight	22	21	20	20	21
Very overweight	3	2	3	4	3

Question HS Z.17./MS Z.15

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.18***During the past 12 months, have you ever had an episode of asthma or an asthma attack?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
No	93	93	94	94	93
Yes	7	7	6	6	7

*Question HS Z.18./MS Z.16**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.19*****During the past 12 months, have you been to the emergency room or stayed overnight in the hospital because of a cough, chest tightness, trouble breathing, or wheezing?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
No	98	97	98	97	98
Yes	2	3	2	3	2

*Question HS Z.19./MS Z.17**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.20*****During the past 30 days, about how many nights did you wake up because of a cough, chest tightness, trouble breathing, or wheezing when you did not have a cold or flu?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
Never	93	91	92	93	92
2 nights in the last 30 days or less	5	7	7	6	6
3 or 4 nights in the last 30 days	2	1	1	1	1
More than 4 nights in the last 30 days, but not every night	0	1	1	1	1
Every night or almost every night	0	0	0	0	0

*Question HS Z.20./MS Z.18**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.21***On an average school day, how many hours do you watch TV or play video games?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
I do not watch TV or play video games during an average school day	9	11	12	15	12
Less than 1 hour	15	13	16	11	14
1 hour	20	20	19	17	19
2 hours	21	23	22	25	23
3 hours	17	17	14	15	16
4 hours	9	9	8	8	9
5 hours or more	11	7	8	9	9

*Question HS Z.21./MS Z.19**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.22*****In an average week when you are in school, on how many days do you go to physical education (PE) classes?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
0 days	3	42	83	88	51
1 day	0	0	0	0	0
2 days	1	2	1	1	1
3 days	91	51	13	9	44
4 days	1	1	0	1	1
5 days	4	2	2	1	2

*Question HS Z.22./MS Z.20**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.23*****How often do you wear a seat belt when riding in a car driven by someone else?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
Never	1	1	1	3	1
Rarely	1	1	1	1	1
Sometimes	4	4	2	1	3
Most of the time	13	13	15	13	14
Always	81	81	82	82	81

*Question HS Z.23./MS Z.21**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.24***When you rode a bicycle during the past 12 months, how often did you wear a helmet?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
I did not ride a bicycle during the past 12 months	19	18	25	36	24
Never wore a helmet	7	7	7	7	7
Rarely wore a helmet	4	6	6	5	5
Sometimes wore a helmet	5	5	4	3	4
Most of the time wore a helmet	14	16	13	8	13
Always wore a helmet	51	47	45	41	46

*Question HS Z.24./MS Z.22**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.25*****During the past 12 months, did you have a regular check up with a doctor when you were not sick or injured?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
No	20	23	23	28	23
Yes	80	77	77	72	77

*Question HS Z.25./MS Z.23**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.26*****During the past 12 months, did you visit a dentist for an examination, teeth cleaning, or dental work?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
No	11	13	12	14	12
Yes	89	87	88	86	88

*Question HS Z.26./MS Z.24**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.27***How old were you when you had sexual intercourse for the first time?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
I have never had sexual intercourse	97	93	86	77	89
11 years old or younger	0	1	1	1	1
12 years old	0	0	0	0	0
13 years old	1	1	1	1	1
14 years old	1	3	3	3	2
15 years old	0	2	5	4	3
16 years old	0	1	4	8	3
17 years old or older	0	0	0	6	1

*Question HS Z.27**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.28*****During the past three months, with how many people did you have sexual intercourse?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
I have never had sexual intercourse	97	93	87	76	89
I had sexual intercourse, but not during the past 3 months	1	2	3	6	3
1 person	1	3	7	12	5
2 people	0	1	2	3	2
3 people	0	0	0	2	1
4 people	0	0	0	0	0
5 people	0	0	0	0	0
6 or more people	0	0	1	1	1

*Question HS Z.28**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.29*****Did you drink alcohol or use drugs before you had sexual intercourse the last time?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
I have never had sexual intercourse	95	92	86	75	88
No	4	7	12	21	10
Yes	1	1	2	4	2

*Question HS Z.29**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.30***The last time you had sexual intercourse did you or your partner use a condom?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
I have never had sexual intercourse	96	93	86	76	89
No	2	3	6	10	5
Yes	2	5	8	14	7

*Question HS Z.30./MS Z.26**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.31*****The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
I have never had sexual intercourse	97	94	86	77	89
No method was used to prevent pregnancy	0	0	1	2	1
Birth control pills	0	1	3	4	2
Condoms	2	4	6	13	6
Depo-Provera or other injectables	0	0	0	1	0
Withdrawal	0	0	1	1	1
Some other method	0	0	0	1	0
Not sure	0	1	1	1	1

*Question HS Z.31**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.32*****How many times have you been pregnant or gotten someone pregnant?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
0 times	99	99	99	99	99
1 time	0	0	1	0	0
2 or more times	0	0	0	1	0
Not sure	0	1	0	0	1

*Question HS Z.32**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.33***How likely do you think it is that you will choose to have sexual intercourse one or more times in the next year?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
I am sure it will not happen	66	61	43	39	53
It probably will not happen	22	22	27	22	23
There is an even chance (50-50) that it will or won't happen	7	8	14	14	11
It probably will happen	3	5	9	14	7
It will happen for sure	1	3	8	11	6

*Question HS Z.33./MS Z.27**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.34*****Have you ever been forced to have sexual intercourse when you did not want to?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
No	99	98	97	95	97
Yes	1	2	3	5	3

*Question HS Z.34./MS Z.28**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.35*****How old were you when you smoked a whole cigarette for the first time?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
I have never smoked a whole cigarette.	99	98	96	94	97
8 years old or younger	0	0	0	0	0
9 or 10 years old	0	0	0	0	0
11 or 12 years old	0	0	1	0	0
13 or 14 years old	1	1	1	1	1
15 or 16 years old	0	1	2	3	1
17 years old or older	0	0	0	1	0

*Question HS Z.35**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.36***During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
0 days	100	100	99	98	99
1 to 2 days	0	0	1	1	1
3 to 5 days	0	0	0	0	0
6 to 9 days	0	0	0	0	0
10 to 19 days	0	0	0	0	0
20 to 30 days	0	0	0	0	0

*Question HS Z.36./MS Z.29**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.37*****Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
No	100	100	100	99	100
Yes	0	0	0	1	0

*Question HS Z.37**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.38*****During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
I did not smoke cigarettes during the past 30 days	100	100	99	98	99
Less than 1 cigarette per day	0	0	1	1	1
1 cigarette per day	0	0	0	0	0
2 to 5 cigarettes per day	0	0	0	0	0
6 to 10 cigarettes per day	0	0	0	0	0
More than 20 cigarettes per day	0	0	0	0	0

*Question HS Z.38./MS Z.30**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.39***During the past 12 months, did you ever try to quit smoking cigarettes?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
I did not smoke during the past 12 months	99	98	97	96	98
Yes	0	1	1	1	1
No	1	1	3	3	2

*Question HS Z.39./MS Z.31**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.40*****If you smoked cigarettes during the past 30 days, how did you usually get them? (Select only one response)***

	Grade				Total %
	9th %	10th %	11th %	12th %	
I did not smoke cigarettes in the past 30 days	100	99	98	97	99
I bought them in a store such as a convenience store, super-market, or gas station	0	0	0	1	0
I bought them from a vending machine	0	0	0	0	0
I gave someone else money to buy them for me	0	0	0	0	0
I borrowed them from someone else	0	0	0	0	0
I stole them	0	0	0	0	0
A friend gave them to me	0	0	0	1	0
Other people gave them to me	0	0	0	0	0
I got them some other way	0	0	0	0	0

*Question HS Z.40./MS Z.32**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.41*****Are the cigarettes you usually smoke menthol-flavored cigarettes?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
I do not smoke cigarettes	99	98	98	96	98
Yes	0	0	1	1	1
No	1	1	2	3	2

*Question HS Z.41./MS Z.33**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.42***How safe do you feel in the neighborhood where you live?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
Very safe	46	51	51	50	49
Safe	45	40	42	42	42
Neither safe nor unsafe	8	8	6	7	7
Unsafe	1	1	1	1	1
Very unsafe	0	0	1	1	0

*Question HS Z.42./MS Z.34**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.43*****During the past 30 days, on how many days did you not go to school because you felt unsafe at school or on your way to or from school?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
0 days	97	97	98	98	98
1 day	2	2	1	1	2
2 or 3 days	1	1	0	0	0
4 or more days	1	0	0	0	0

*Question HS Z.43./MS Z.35**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.44

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

	Grade				Total %
	9th %	10th %	11th %	12th %	
0 days	7	10	17	20	13
1 day	4	4	6	9	6
2 days	7	9	10	12	9
3 days	18	18	16	13	16
4 days	14	15	12	11	13
5 days	18	15	12	12	14
6 days	12	10	10	11	11
7 days	20	19	16	13	17

Question HS Z.44./MS Z.36

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.45

On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other social networking tools)

	Grade				Total %
	9th %	10th %	11th %	12th %	
I do not play video or computer games or use a computer for something that is not school work	7	11	10	13	10
Less than 1 hour per day	13	11	9	9	11
1 hour per day	15	15	14	10	13
2 hours per day	21	22	22	21	21
3 hours per day	18	17	19	20	19
4 hours per day	10	12	13	13	12
5 or more hours per day	16	12	14	15	14

Question HS Z.45./MS Z.37

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.46***During the past 24 hours (yesterday), how many times did you drink soda pop?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
0 times	79	79	80	75	78
1 time	15	16	14	18	16
2 times	5	4	4	4	4
3 times	1	1	0	2	1
4 times	0	0	0	0	0
5 or more times	1	0	1	1	1

*Question HS Z.46./MS Z.38**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.47*****During the past 24 hours (yesterday), how many times did you eat french fries, potato chips, or other fried potatoes?***

	Grade				Total %
	9th %	10th %	11th %	12th %	
0 times	67	67	67	69	67
1 time	24	25	26	24	25
2 times	6	6	4	4	5
3 times	1	2	1	1	1
4 times	1	1	1	1	1
5 or more times	1	1	1	1	1

*Question HS Z.47./MS Z.39**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.48***During the past 24 hours (yesterday), how many times did you eat fruit? (Do not count fruit juice)***

	Grade				Total %
	9th %	10th %	11th %	12th %	
0 times	18	17	17	19	18
1 time	24	27	25	26	25
2 times	26	26	28	29	27
3 times	17	17	15	13	16
4 times	5	4	5	7	5
5 or more times	10	9	10	7	9

*Question HS Z.48./MS Z.40**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.49*****During the past 24 hours (yesterday), how many times did you eat vegetables? (Include salads and nonfried potatoes)***

	Grade				Total %
	9th %	10th %	11th %	12th %	
0 times	13	14	15	15	14
1 time	30	27	28	29	29
2 times	24	26	27	29	26
3 times	16	17	14	16	16
4 times	6	6	5	5	6
5 or more times	10	10	10	7	9

*Question HS Z.49./MS Z.41**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.50

During the past 24 hours (yesterday), how many times did you drink sweetened fruit drinks, sports, or energy drinks?

	Grade				Total %
	9th %	10th %	11th %	12th %	
0 times	68	65	63	65	66
1 time	21	22	23	21	22
2 times	6	7	7	9	7
3 times	2	3	3	3	3
4 times	0	1	1	1	1
5 or more times	2	2	3	1	2

Question HS Z.50./MS Z.42

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.51

In the past 7 days, how many times did you eat fast food? Include fast food meals eaten at school, at home or at fast-food restaurants, carryout or drive thru. (Fast food is food such as you get at McDonald's, KFC, Panda Express or Taco Bell.)

	Grade				Total %
	9th %	10th %	11th %	12th %	
0	42	40	33	33	37
1	31	32	32	32	32
2	17	18	23	20	19
3	6	7	6	9	7
4	2	2	3	3	2
5 or more	3	2	3	2	2

Question HS Z.51./MS Z.43

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.52

During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

	Grade				Total %
	9th %	10th %	11th %	12th %	
I did not date or go out with anyone during the past 12 months	82	75	69	62	73
0 times	15	21	24	30	22
1 time	1	2	3	4	2
2 or 3 times	1	2	2	2	2
4 or 5 times	0	0	0	1	0
6 or more times	0	0	1	1	1

Question HS Z.52./MS Z.44

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.53

During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?

	Grade				Total %
	9th %	10th %	11th %	12th %	
I did not drive a car or other vehicle during the past 30 days	96	88	55	44	73
0 days	3	10	31	32	18
1 or 2 days	1	2	7	10	4
3 to 5 days	0	1	3	5	2
6 to 9 days	0	0	1	3	1
10 to 19 days	0	0	2	3	1
20 to 29 days	0	0	0	1	0
All 30 days	0	0	1	2	1

Question HS Z.53./MS Z.45

Note: Columns are not displayed if there are less than 10 respondents.

Appendix I

2021-22 CHKS Secondary Survey Response Rates

Eligible Schools	9th %	10th %	11th %	12th %
Los Altos High	94	89	82	72
Mountain View High	96	91	86	77

Notes: Response rates are presented by grade level. Eligible schools listed are based on CBEDS 2021-22 public school and 2020-21 enrollment data files. Directly funded charter schools have been excluded from the list.

Appendix II

CHKS Content Overview, 2021-22

This brief guide to key CHKS Core Module indicators is designed to help survey users more easily understand and interpret their findings.¹ References are provided to the tables in CHKS reports where results for the indicators discussed can be found. References are also made to other relevant CHKS reports, factsheets, and resources that can be downloaded from the CalSCHLS website (calschls.org) for further information. What Works Briefs that provide guidance on best practices related to areas assessed by the survey are available from the California Safe and Supportive Schools website (ca-safe-supportive-schools.wested.org/resources).

Special attention is directed toward indicators related to the requirements of California's Local Control and Accountability Plans (LCAP).² For a summary of state-level LCAP-related baseline CHKS data, see Factsheet #15.³

MAIN CONTENT FOCUS: REMOTE LEARNING EXPERIENCES, SCHOOL CLIMATE, AND THE NEEDS OF THE WHOLE CHILD

The main purpose of the CHKS Core Module is to assess indicators of school climate, pupil engagement, and students supports, all three key priorities required of the LCAP. It provides schools with essential data to determine the degree to which they provide the conditions and supports that all youth need to succeed in learning and developmentally thrive. Fifty-one items assessing 14 school climate domains included in a *School Climate Report Card (SCRC)* that districts can request at the district and school level.⁴ The items used in the SCRC assess school connectedness, developmental supports (e.g., caring adult relationships), and safety, including bullying and victimization.

School climate, as measured by the CHKS, is strongly related to student performance on standardized academic tests. Data for high school students show that as school climate improves—as the schools became safer, more supportive, and more engaging—test performance increased as well.⁵

In a ground-breaking analysis, a positive school climate was a distinguishing characteristic of California secondary schools that “beat the odds” academically and consistently performed better on the state’s standardized tests than *would be predicted* based on the characteristics of their students (i.e., comparing schools with similar student demographics). The more positive the school climate, the greater the probability there was for beating the odds. School climate was more strongly associated with beating the odds than a school’s level of personnel resources.⁶

In addition, the CHKS Core Module provides data to help understand the degree to which schools address the needs of the Whole Child. CHKS data show that California secondary schools made greater progress in raising standardized test scores over a one-year period when they had higher percentages of students

¹ To see how local results compare with state averages in California, download a copy of the latest Biennial State CHKS report (calschls.org/reports-data/#state-level_reports). The Biennial State data are derived from a randomly-selected, representative state sample. County level reports are also available on the CHKS website. Biennial State CHKS and county level data can also be examined interactively on the CalSCHLS Data Dashboard (calschls.org/reports-data/dashboard).

² For a guide to how CalSCHLS survey items align with LCAP indicator requirements, download Helpful Resources for Local Control and Accountability Plans at calschls.org/resources/#survey_content_guides.

³ Austin. (2016). Download calschls.org/docs/factsheet-15.pdf

⁴ See calschls.org/reports-data/#slcr

⁵ O'Malley & Hanson. (2012). Download data.calschls.org/resources/S3factsheet3_API_20120716.pdf

⁶ Voight, Austin, & Hanson. (2013). Download www.wested.org/online_pubs/hd-13-10.pdf

who reported: (1) being less engaged in risky behaviors such as substance use and violence; (2) being more likely to eat nutritiously and exercise; and (3) experiencing caring adult relationships and high expectations at school.⁷ These results suggest that addressing the health and developmental needs of youth is a critical component of a comprehensive strategy for meeting accountability demands for improved academic performance.

GRADE-LEVEL PATTERNS

More than twenty years of survey administration has demonstrated that as youth progress through secondary school, they become: (1) less likely to report feeling connected to school and being academically motivated; and (2) more likely to report truancy, involvement in substance use, and chronic sadness and hopelessness. Here are some additional grade-level patterns in CHKS data:

- **Seventh graders** report the highest rates of harassment and victimization, as well as participation in a physical fight and seeing a weapon on campus.
- **Ninth graders** report the lowest rates of developmental support.
- **Nontraditional (continuation school) students** report risk behavior (e.g., binge drinking, fighting at school) prevalence rates at least twice those of 11th graders in traditional comprehensive high schools.⁸ They also exhibit lower perceived school safety, school connectedness, and developmental supports. Continuation school students are a highly vulnerable population in need of a wide range of academic, social, emotional, and behavioral supports and intervention services.⁹

DEMOGRAPHIC CHARACTERISTICS AND POPULATION GROUP DIFFERENCES (Section 3)

Indicators of the demographic and background characteristics of the survey respondents help users gain a better sense of how representative the survey sample is compared to the student population overall. They also enable users to analyze how survey results vary by important groups in the school and help them to identify, and target programs for, youth most in need. School districts can use these data to meet LCAP requirements to demonstrate actions across state priorities in regard to socioeconomically disadvantaged students, English learners, and foster youth, as well as other indicators such as race/ethnicity, homeless youth, and LGBTQ youth.

In the standard CHKS report, breakdowns for selected key indicators are provided by race/ethnicity and gender. For selected key indicators, the CalSCHLS Data Dashboard (calschls.org/reports-data/dashboard) can be used to display group differences by gender, race/ethnicity, parental education, parent military status, homeless status, afterschool participation, gender identity, and sexual orientation. Results can also be displayed for English learners, free and reduced-priced meal eligible students (prior to 2021-22), and foster youth—three important LCAP priority groups. Districts/schools can also subscribe to the District CalSCHLS private data dashboard to disaggregate their CHKS results by demographic groups for each school (call 888.841.7536 or email calschls@wested.org).

Racial-Ethnic Group Identification

Respondents self-report their identification with six racial/ethnic groups plus mixed (two or more) race.

⁷ Hanson & Austin. (2003). Download data.calschls.org/resources/FACTSHEET-3.pdf

⁸ In interpreting the results for 11th graders, note that many youth who are most disengaged and involved in high risk behaviors may have already dropped out of school or did not participate in the survey because of truancy or absenteeism.

⁹ Austin, Dixon, & Bailey. (2007). Download data.calschls.org/resources/FACTSHEET-7.pdf

In one study of CHKS data, both academic performance and school well-being—the degree to which students feel safe at, supported by, and connected to the school—varied consistently and persistently across schools by racial/ethnic groupings.¹⁰ They were lowest in schools with large proportions of African American and Hispanic students, as well as in low-income schools. Controlling for socioeconomic status and other school demographic characteristics reduced these racial/ethnic group differences, but the disparities still remained. This suggests that school climate factors related to student well-being may also play a role in the racial/ethnic achievement gap. One strategy to close the gap may be to enhance learning supports that foster caring adult relationships, high expectations, meaningful participation, safety, and connectedness in schools serving large proportions of low-income African American and Hispanic students.

In the majority of cases, with notable exceptions for Asians, *the racial/ethnic gaps in performance, engagement, perceived support, and safety are greater within-schools than between-schools*.¹¹ African American, Latino, and Asian students feel less safe, engaged, and supported than their White peers *within the same school*. Inequities in these factors, for the various racial/ethnic groups, can possibly contribute to the achievement gap. Further, these findings suggest that practices designed to ensure equal access to academic resources, opportunities, learning supports, and promotion of common experiences may be effective in ameliorating the gap.

Foster Care Youth

Compared to youth who live with their parents, foster care youth report much higher rates of substance abuse, poor school attendance and grades, more violence-related behaviors, more harassment, and higher depression risk.¹² They were also more likely to be low in caring adult relationships and total developmental support.

Sexual Orientation and Gender Identity

Lesbian, gay, bisexual, transgender, and questioning or queer (LGBTQ) youth are at elevated risk for bullying and violence victimization, mental health problems, drug and alcohol use, and exhibiting poor performance in school.¹³ ¹⁴ For example, analysis of the latest Biennial CHKS data indicate that LGBTQ youth¹⁵ are:

- about 30 percentage points more likely than non-LGBTQ youth to experience harassment and bullying at school;
- 30-to-40 percentage points more likely to exhibit chronic sadness;
- 2-to-3 times more likely to smoke cigarettes, binge drink, and to have been drunk or high at school; and
- receive substantially fewer social supports from teachers and peers at school than their counterparts who do not identify as LGBTQ.

Because of such disparities, it is important to examine disparities across LGBTQ and non-LGBTQ youth to identify needs and support the development of practices that promote the healthy development and safety of all youth.

¹⁰ Austin, Hanson, Bono, & Zheng. (2008). Download data.calschls.org/resources/factsheet_8.pdf

¹¹ Hanson, Austin, & Li. (2012). Download data.calschls.org/resources/FACTSHEET-13_20120405.pdf

¹² Austin, Jones, & Annon. (2007). Download data.calschls.org/resources/FACTSHEET-6.pdf

¹³ Hanson, T., Zhang, G., Cerna, R., Stern, A., & Austin, G. (2019) Understanding the experiences of LGBTQ youth in California. San Francisco, CA: WestEd. Download.wested.org/resources/lgbtq-students-in-california/

¹⁴ Russell, S. T., & Fish, J. N. (2016). Mental health in lesbian, gay, bisexual, and transgender (LGBT) youth. *Annual Review of Clinical Psychology*, 12, 465-487.

¹⁵ See calschls.org/reports-data/dashboard/

SCHOOL PERFORMANCE, SUPPORTS, AND ENGAGEMENT (Section 6)

A major focus of the CHKS is providing data to gauge the level of pupil engagement, an LCAP state priority on which districts are required to show improvement. Enhancing student engagement has been identified as the key to addressing problems of low achievement, high levels of student misbehavior, alienation, and high dropout rates.¹⁶ CHKS and other surveys consistently show that as youth progress through the school system, indicators of engagement decline.

It is important to look at engagement from three perspectives: behavioral, emotional, and cognitive. The CHKS provides data on all three types. As discussed below, the Academic Motivation scale and self-reported grades provide insight into cognitive engagement; the School Connectedness scale into emotional engagement; and attendance and truancy data into behavioral engagement. Other behavioral engagement indicators on the survey include substance use at school and violence perpetration. Research shows that student engagement is malleable and that all three types of engagement are influenced by the level to which students perceive the school as having a positive environment.

The CHKS Developmental Supports scales provide insight into whether students experience three protective factors in their school (caring relationships, high expectations, and opportunities for meaningful participation). These protective factors characterize a positive school climate and are linked to school connectedness and positive academic, behavioral, and health outcomes. Other school climate factors assessed are the level of parent involvement and the quality of the school physical environment, both also LCAP priorities. The likelihood that students will be motivated and engaged is increased to the extent that their teachers, family, and friends effectively support their purposeful involvement in learning and in school.

Self-Reported Grades

The CHKS asks students to indicate what grades they received in school in the past 12 months. Although self-reports are not as accurate as actual report card data, they provide a general sense of the school performance of the survey respondents from their self-perception. To learn more about the factors that might be causing poor performance, request a CHKS report showing how all the survey results vary by level of performance (call 888.841.7536 or email calschls@wested.org).

Academic Motivation

A four-item scale gauges student academic motivation by asking how strongly they agree that they try hard to do well on schoolwork, try hard because they are interested in the work, work hard to understand new things at school, and always try to do better. On the 2017-19 State CHKS, the percentage of students agreeing with the questions on this scale ranged from 71 percent in 11th grade to 75 percent in 11th.¹⁷

In order to achieve rigorous academic goals, students need not only a challenging and engaging curriculum, but they need to be emotionally connected to their learning. Student perceptions of the school environment and their degree of school connectedness influence their achievement motivation. But students may be behaviorally and/or emotionally invested in a given activity without actually exerting the necessary mental effort to understand and master the knowledge, craft, or skill that the activity promotes. This scale provides insight into the overall level of that mental effort.

In addition, the supplementary School Climate Module includes an Academic Mindset and Learning Engagement scale and a series of questions about supports for learning and academic rigor.

¹⁶ Wang, M-T, & Eccles, J. (2013). School context, achievement motivation, and academic engagement: A longitudinal study of school engagement using a multidimensional perspective. *Learning and Instruction*, 28, 12-23.

¹⁷ Austin, Hanson, Zhang, & Zheng. (2020). Download data.calschls.org/resources/Biennial_State_1719.pdf

Absenteeism

Before good teachers with quality curriculums and engaging activities can improve academic performance, the students have to show up. The CHKS provides data to identify what proportion of respondents are at risk of chronic absenteeism (missed 2 or more days during the past 30 days) and what were the reasons for absences.¹⁸ Users can request reports looking at the characteristics of youth based on absenteeism indicators to guide efforts to improve the LCAP pupil engagement priority (call 888.841.7536 or email calschls@wested.org).

Poor attendance is a marker of a wider variety of other problems, including low school connectedness and learning engagement. Both the US Department of Education and the California Office of the Attorney General have launched initiatives designed to raise awareness about and combat chronic absenteeism, generally defined as missing 10 percent of school days. According to a report by Attendance Works, the nation's large and persistent achievement gaps are rooted in a largely hidden crisis of chronic absenteeism, especially among low-income and minority children.¹⁹

Biennial State CHKS data indicate that the most common reasons for being absent in secondary school, after illness, are generally not getting enough sleep and anxiety or stress, followed by being behind in schoolwork, and being bored or uninterested in school, another good indicator of disengagement.²⁰

Developmental Supports

Research shows that when schools (or families or communities) provide three developmental supports—**caring adult relationships, high expectations, and opportunities for meaningful participation**—students are more likely to report more positive academic, social-emotional, and health outcomes, including higher grades, school connectedness, attendance, and perceived safety. CHKS measures these supports using multi-item scales. Results overall suggest that the great majority of students do not receive sufficient levels of support and that the supports received are lower in high school than in middle school, even though student need for them is arguably higher.^{21 22 23 24 25 26}

School Connectedness

School connectedness is one of the indicators of school climate that a California school district must address in its LCAP. Research shows that school connectedness is associated with multiple positive academic, social-emotional, and health outcomes.²⁷ It also shows that youth who feel safe at school, experience caring adults, and have opportunities for engagement and other developmental supports are more likely to feel connected to the school. The CHKS five-item School Connectedness scale is an important differentiator between low-performing and high-performing high schools and has value as an indicator of school quality. The online Query CalSCHLS system (calschls.org/reports-data/query-calschls/) enables examination of how key survey indicators vary by school connectedness.

¹⁸ Because most students participated in school via remote learning in 2020-21, the CHKS did not ask about student truancy so that additional items could be included to assess absenteeism.

¹⁹ Attendance Works & Everyone Graduates Center. (2017, September). *Portraits of Change: Aligning School and Community Resources to Reduce Chronic Absence*. Download www.attendanceworks.org/portraits-of-change/

²⁰ Austin, Hanson, Polik, & Zheng. (2018). Download data.calschls.org/resources/Biennial_State_1517.pdf

²¹ Hanson & Austin. (2002). Download data.calschls.org/resources/factsheet.pdf

²² Hanson & Austin. (2002). Download data.calschls.org/resources/FACTSHEET-3.pdf

²³ Hanson. (2011). Download data.calschls.org/resources/S3factsheet1_caring_20120223.pdf

²⁴ Hanson. (2012). Download data.calschls.org/resources/S3factsheet2_participation_20120224.pdf

²⁵ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief1_CaringRelationships_final.pdf

²⁶ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief2_MeaningfulPart_final.pdf

²⁷ National Research Council and the Institute of Medicine. (2004). *Engaging schools: Fostering high school students' motivation to learn*. Washington, D.C.: The National Academies Press.

School connectedness appears to have increased in California in the second half of the last decade, but it still declines markedly after elementary school. A substantial minority of middle and high school students are not connected to their schools. On the 2017-19 State CHKS, the average percentage of students agreeing to these scale questions declined from 62 percent in 7th grade to 53 percent in 11th, a decline similar to that found for the Academic Motivation scale.²⁸ This may be related at least in part to their lower levels of developmental support. Prior analyses have indicated that the lowest rates of both connectedness and test scores are in low-income schools.^{29 30}

Parent Involvement

Parent involvement, including promoting parental participation in school programs, is one of the LCAP state priorities. A three-item scale assesses student perceptions (level of agreement) of three components of parent involvement: teachers communicating with parents about what students are expected to learn in class, parents feeling welcome to participate at this school, and school staff taking parent concerns seriously. The same questions also are asked on the staff and parent surveys so that perceptions can be compared across all three stakeholder groups. A large and growing body of evidence has linked school success to the manner and degree to which a school communicates with parents, engages them both in school activities and education, and fosters a school climate that parents perceive as warm, inviting, and helpful.³¹

Facilities and Physical Environment

As an indicator of student perceptions of the school's physical environment, the CHKS includes a question asking students how much they agree the school "is usually clean and tidy." Additional questions are included in the supplementary School Climate Module. An analysis of 2015/17 data from the questions on both modules found that a plurality of students report that their school facilities are in good condition, but a non-trivial minority of students were dissatisfied with the condition of their school facilities.³² Between 20 percent and 25 percent of students disagree or strongly disagree on the quality of the physical environment items. Almost one-third of schools serving 11th graders were categorized as having low quality physical environments based on student reports on the clean and tidy item. Student perceptions of the quality of their school's physical environment were strongly related to student achievement.

SCHOOL VIOLENCE, VICTIMIZATION, AND SAFETY (Section 8)

The CHKS asks students a wide range of questions to ascertain the scope and nature of physical and verbal violence and victimization that occurs on campus, as well as vandalism, and the overall level of school safety.³³ Physical violence and weapons on campus have long been a major public concern. Equally disruptive are the uncounted acts of bullying, teasing, and other nonviolent misbehavior among youth, such as substance use and sales on campus.³⁴ These behaviors adversely affect not only students' ability

²⁸ Austin, Hanson, Zhang, & Zheng. (2020). Download data.calschls.org/resources/Biennial_State_1719.pdf

²⁹ Austin, Hanson, & Voight. (2013). Download data.calschls.org/resources/S3factsheet5_connectedness_20130827.pdf

³⁰ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief4_Connectedness_final.pdf

³¹ Wilder, S. (2014). Effects of parental involvement on academic achievement. A meta-synthesis. *Educational Review*, 66:3, 377-397.

³² Hanson & Austin. (2018). Download calschls.org/docs/facilities_2-18-1.pdf

³³ The CHKS also includes two violence-related questions that are not school based: the frequency students experienced cyberbullying and whether they are gang members.

³⁴ Juvonen, J., & Graham, S. (2001). *Peer harassment in school: The plight of the vulnerable and victimized*. New York: Guilford Press.

to learn and willingness to attend school, but also the overall school environment, the ability of teachers to teach, and the willingness of adults to enter the teaching profession.^{35 36 37}

Perceived Safety

Perceived safety is another indicator that districts/schools are required to monitor as part of their LCAP school climate priority. School safety is more than the antithesis of violence. Perceived school safety is psychological as well as physical. Feelings of insecurity can have multiple sources, not all of which correctly reflect the level of danger and violence on a school campus, such as verbal bullying. Both physical and psychological safety are essential for high quality teaching and learning. It is a key factor in students feeling connected to school. Another indicator important for attendance is the percentage of students who report missing school because they didn't feel safe (Table A6.3).

If students report low levels of perceived school safety, further examination of all the indicators related to bullying and victimization is warranted. Consider conducting follow-up student voice and feedback sessions such as focus groups or Student Listening Circles and integrating questions on why students do not feel safe.³⁸

Harassment and Victimization

Most of the safety-related questions on the survey assess victimization. Because a relatively small number of students can victimize a large number of their peers, victimization questions provide important insight into the overall school climate. Nonviolent harassment in any form—threats, intimidation, rumors, and ostracism—can instill a sense of vulnerability, isolation, frustration, and fear among its victims, leading to engagement in health risk behaviors or avoidance behaviors such as missing school and social isolation. This type of misbehavior, vastly more common than any other, ruins the school day for many students. In *Bruised Inside* (2000), the National Association of Attorneys General describes harassment by peers as one of the two causes for kids to express anger using guns, knives, and fists.³⁹

The CHKS asks about the frequency with which students experienced any bullying/harassment related to six bias-related categories (gender, race/ethnicity, disability, sexual identity, religion, immigrant status), as well as for any other reason (Table A8.2). About three-in-ten secondary students report experiencing some harassment in the past year on the State CHKS, with the percentages declining between 7th and 11th grades.⁴⁰ Analyses show that victims of harassment are more likely to not feel safe at, and connected to, school; to have higher truancy; and to experience lower developmental (resilience) supports at school.⁴¹ ⁴² They report higher rates of fighting and weapons possession at school, as well as risk of depression. Students who report bias-related harassment, particularly for disability and sexual orientation, have poorer well-being than students who were only harassed for other reasons.

Different forms of verbal harassment at school are assessed by asking students about: mean rumors or lies; sexual-related jokes, comments, or gestures; being made fun of because of looks or speech; and, more generally, being made fun of, insulted or called names. Physical victimization is assessed by questions

³⁵ Barton, P. E. (2001). *Facing the hard facts in education reform*. Princeton, NJ: Educational Testing Service.

³⁶ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief5_ViolencePerpetration_final.pdf

³⁷ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief6_ViolenceVictimization_final.pdf

³⁸ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief3_Safety_final.pdf

³⁹ Horn, D. M., National Association of Attorneys General., & Washington (State). (2000). *Bruised inside: What our children say about youth violence, what causes it, and what we need to do about it: A report of the National Association of Attorneys General (NAAG)*. Washington, DC: National Association of Attorneys General.

⁴⁰ Austin, Hanson, Zhang, & Zheng. (2020). Download data.calschls.org/resources/Biennial_State_1719.pdf

⁴¹ Heck, Russell, O'Shaughnessy, Laub, Calhoun, & Austin. (2005). Download data.calschls.org/resources/FACTSHEET-4.pdf

⁴² Austin, Nakamoto, & Bailey. (2010). Download data.calschls.org/resources/FACTSHEET-10.pdf

about having been pushed/shoved, threatened with harm or injury (without or without weapon), and being afraid of being beaten up. Students are also asked whether they have ever been in a physical fight as a measure of general violence.

The supplementary School Climate Module includes Bullying Prevention and Respect for Diversity scales to provide insight into what the school is doing to reduce the problem.

Vandalism and Weapons

Two other safety-related areas assessed by the survey are school vandalism and weapons possession. Students are asked whether they damaged school property or had their property damaged at school and whether they carried a knife or other weapon to school or observed someone else doing these things.⁴³ Overall, weapons possession is not common. Statewide, only about two percent of secondary students report carrying a gun and 4-5 percent report carrying another weapon.⁴⁴ About 14 percent of 7th and 9th graders report seeing someone carrying a weapon compared to 11 percent of 11th graders.

SUBSTANCE USE (Sections 9 and 10)

An important barrier to learning, positive youth development, and health, substance use is assessed by the CHKS Core.

Alcohol and Other Drug Use (Section 9)

The misuse of alcohol and other drugs (AOD) continues to be among the most important issues confronting the nation. For schools, the problem is particularly relevant. Years of research have shown that adolescent substance use is closely connected to academic performance and contributes to raising the level of truancy and absenteeism, special education, disciplinary problems, disengagement and dropout rates, teacher turnover, and property damage.

Reflecting this, on the California School Staff Survey, 39 percent of high school staff statewide reported that alcohol and drug use are a moderate to severe problem at their school.⁴⁵

Alcohol and Other Drug Use at School (Section 9)

AOD use at school is especially troubling. This is behavior that threatens not only the user's learning ability but also the school's efforts to educate all youth. It also is an indirect indicator of school disengagement. An analysis of CHKS data found that substance use and intoxication at school, being offered drugs at school, and lifetime intoxication were significantly related to changes in California achievement test scores one year later.⁴⁶ Schools with proportionately large numbers of students who reported these behaviors exhibited smaller gains in test scores than other schools.^{47 48}

Cigarette Smoking (Section 10)

Students who report smoking cigarettes are significantly more likely than those who do not to engage in alcohol and other drug use, be involved in violence and gang membership, and experience school-related problems and disengagement. To a lesser extent, students who smoke are also more likely to be victims of violence and harassment, feel unsafe at school, and experience incapacitating sadness and loneliness.

⁴³ Students who participated in school exclusively via remote learning were not asked these questions in 2020-21.

⁴⁴ Austin, Hanson, Polik, & Zheng. (2018). Download data.calschls.org/resources/Biennial_State_1517.pdf

⁴⁵ Statewide CSSS. (2018). Download calschls.org/docs/statewide_1517_csss.pdf

⁴⁶ Hanson, T. L., Austin, G. A., & Lee-Bayha, J. (2004). *Ensuring that No Child is Left Behind: How are Student Health Risks & Resilience Related to the Academic Progress of Schools*. San Francisco: WestEd.

⁴⁷ Hanson & Austin. (2003). Download data.calschls.org/resources/FACTSHEET-3.pdf

⁴⁸ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief8_AOD_final.pdf

These results suggest that efforts to reduce student smoking may be more successful if embedded in approaches that address a broad range of risk behaviors and problems.^{49 50}

MENTAL HEALTH (Section 7)

Student mental health can have a big impact on their health and well-being. The CHKS Core provides four measures for assessing mental health among students: (1) whether they experience chronic, incapacitating sadness or hopelessness; (2) whether they ever contemplated suicide; (3) social and emotional distress; and (4) life satisfaction. Students who experience chronic sadness, compared to their peers who do not, are at elevated risk of a wide range of educational, health, social, and emotional problems, including lower school attendance, performance, and connectedness.⁵¹ They also report lower levels of the developmental supports in their schools and communities that have been shown to mitigate these problems. Similar findings are found among youth who have contemplated suicide.⁵²

CHKS data also show that students who report bias-related harassment, particularly for disability and sexual orientation, have poorer overall mental health than students who are harassed for other reasons or not harassed. Students who report any harassment are about twice as likely to experience chronic sadness/hopelessness than their non-harassed peers.^{53 54}

See also the percentage of students who report missing school because they “felt very sad, hopeless, anxious, stressed, or angry.” In addition, the supplementary School Climate Module includes a Social and Emotional Supports scale that provides insight from students on what the school does to help promote mental health and foster of social-emotional competencies.

⁴⁹ Hanson & Zheng. (2006). Download data.calschls.org/resources/factsheet2update.pdf

⁵⁰ Austin, McCarthy, Slade, & Bailey. (2007). Download data.calschls.org/resources/FACTSHEET-5.pdf

⁵¹ Austin, Nakamoto, & Bailey. (2010). Download data.calschls.org/resources/FACTSHEET-11.pdf

⁵² Austin, Cragle, Delong-Cotty. (2012). Download data.calschls.org/resources/FACTSHEET-12.pdf

⁵³ Heck, Russell, O’Shaughnessy, Laub, Calhoun, & Austin. (2005). Download data.calschls.org/resources/FACTSHEET-4.pdf

⁵⁴ Austin, Nakamoto, & Bailey. (2010). Download data.calschls.org/resources/FACTSHEET-10.pdf