

MVLA's School-Based Mental Health Services

MVLA School-Based Mental Health Services are short-term mental health and case management services for students who are experiencing behavioral, emotional, or social challenges that impede learning.

The MVLA School District partners with local community mental health agencies to provide additional services to our students. Partnerships include Community Health Awareness Council (CHAC), Pacific Clinics, County of Santa Clara Behavioral Health Services, Stanford Child Psychiatry, and Care Solace.



For more information visit <https://www.mvla.net/Departments/Educational-Services/Mental-Health--Wellness/index.html>

Non-emergency referrals to our school-based mental health team can be made via our Student Support Referral Form located online at bit.ly/mvlasupport (Spanish: bit.ly/mvlaayuda) or by visiting the Administration Office.

Please allow for a 48-hour turnaround time for the scheduling of an appointment (not including weekends and school holidays). If you are in crisis or if you have a mental health emergency, DO NOT complete this form. Please seek immediate help by calling 988 or by texting RENEW to 741741.

Funding provided by MVLAUHS, MVLA Foundation, County of Santa Clara Behavioral Health Services, and El Camino Healthcare District.



MVLA School-Based Mental Health Services



Helping
students to
achieve their
social,
emotional,
and
intellectual
potential.

MVLA's Wellness Services' Vision and Mission

The MVLA community honors wellness as a process to support all students and staff in realizing their full potential. We value a learning environment and community that fosters opportunities to thrive academically, emotionally, socially, and physically.

Through academic support, health-based curricula, counseling and clinical staff teams, professional development, and partnerships with our community agencies and families, we are committed to the promotion of preventative strategies and the implementation of wellness services to empower all students and staff to achieve their individualized goals.



Our Services

Short-term School-Based Mental Health Support

Services include 6-12 weeks of school-based therapeutic support which may include group support, individual check-ins, 1:1 therapy with school-based treatment goals, or assisting in referrals to outside agencies for on-going, long-term support.

Drop-In Counseling and Crisis Intervention Services

Trained mental health clinicians are available for drop-in and crisis intervention support during the school day. Students may speak to any adult on campus or visit the Administration office for drop-in support.